

## Permit issues hamper dredging in Harrisville Harbor

By Mary Weber  
Staff Writer

Boaters entering the Harrisville Harbor will continue to be hampered by inaccessible areas from sand build up as the harbor commission works on obtaining necessary permits for dredging.

The harbor is in need of dredging at the entrance of the harbor. The 150 foot wide access channel is limited by a hard packed sand shoal leaving about one third of the channel to the east available for passage.

Significant shoaling has also occurred in the gas dock area and at the fixed dock berths used for larger boats. Normal shoaling has occurred in the remainder of the dock area.

The Harrisville Harbor Commission is working on two dredging projects. The smaller of the two projects which was requested in 2012 to take place this spring is with Alcona Dredge, LLC -- a company the City of Harrisville contracted in 2007 to perform maintenance dredging services at the harbor over a 10 year period.

The larger project is being funded by the Michigan Department of Natural Resources

with a 2013 State Emergency Dredging Program grant up to \$280,000 for dredging to be completed this summer.

Not having the state permit necessary to do the work came as a surprise to the Harrisville Harbor Commission who just found out this past month. According to Harrisville Harbor Commission Chairman Neil Gehring the permit issue stemmed from a confusing joint application to the U.S. Army Corps of Engineers and the Michigan Department of Environmental Quality (DEQ). "While there is a joint permit application, separate and distinct permits are required," Gehring said.

Both agencies have different criteria for issuing a permit and have different time periods in which the permits are valid. The harbor commission had a 10 year permit in place from the Corps of Engineers which is due to expire at the end of this year; however, it did not have the required DEQ permit -- which is only a five year permit.

The harbor commission has since applied for the DEQ permit which will allow dredging of up to 15,000 cubic

yards of material. According to Gehring, the application will most likely need further revision once sediment sampling and testing is complete. "Once the revision is finalized the application goes through a public review pe-

riod, meaning it would take a minimum of 60 days to issue the permit. The good news is that the state's Emergency Dredging Program grant could carry over until 2014 if necessary," Gehring said.

The state's engineer for the

Harrisville Emergency Dredging Project is Edgewater Resources and it is obtaining the necessary bidding documents for the project. Required sediment sampling,

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Boater access to Harrisville Harbor is hindered by a sand shoal that has developed near the entrance. Plans for dredging are on hold until permits are approved for two projects. Review file photo.



106th District State Representative Peter Pettalia, (R), participates in a Town Hall meeting at the Lincoln Senior Center Monday evening. He and about 25 attendees discussed various topics including school funding, gasoline prices, fracking, road funding and the Pure Michigan tourism campaign during the two-hour meeting hosted by the Alcona County Chamber of Commerce. Pettalia sits on the tourism, energy and technology, financial services, local government and transportation and infrastructure committees in the House of Representatives. Photo by Cheryl Peterson.

## More funds available through agencies

Three area counties have been awarded an additional \$8,814 in federal funds under the State Set-Aside Funds of the Emergency Food & Shelter National Board Program.

Alpena, Alcona and Montmorency counties will be the recipients of \$3,045, \$2,876 and \$2,893 respectively under the Phase 30 award. This addition brings the total award for the three counties to \$32,165 -- an increase of \$2,665 over last year.

The selection was made by a national board which is chaired by the Department of Homeland Security's Federal Emergency Management Agency and consists of representatives from The Salvation Army; American Red Cross; United Jewish Com-

munities; Catholic Charities, USA; National Council of the Churches of Christ in the U.S.A.; and United Way Worldwide.

The board was charged to distribute funds appropriated by Congress to help expand the capacity of food and shelter programs in high-need areas around the country.

Local boards are made up of representatives from the county commissioners office, United Way, church organizations, homeless and domestic violence organizations, American Red Cross, Salvation Army, St. Vincent

dePaul Society, Department of Human Services, senior citizens council and utility service representatives. These members will determine how the funds awarded to each jurisdiction are to be distributed among the emergency food and shelter programs run by local service organizations in the area.

The local board is responsible for recommending agencies to receive these funds and any additional funds available under this phase of the program.

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This whitetail doe literally watches over her fawn on McConnell Road, southwest of Lincoln on June 8. Photo by Al Broadwood.

## Obituaries

### Rebecca J. Stewart

Rebecca J. "Becky" Stewart, 54, of Harrisville, died on Saturday, June 8, 2013 at her home.

She was born November 27, 1958 to Donald and Aletha (Cribbs) Jacobs in Monroe, Mich. She was raised in Harrisville.

On August 14, 1979, she married Gordon Stewart in Harrisville, where they have been long time residents.

She played softball for the Harrisville Hornets, enjoyed bowling, was an avid horsewoman and was a member of several area horse clubs. She was a former leader of the Rainbow Riders 4-H club and coached AYSO soccer and cheerleading.

Mrs. Stewart is survived by her husband, Gordon; one daughter, Jessica Stewart of Lincoln; two sons, Dan (Penny Cholewa) Stewart of Harrisville and Christopher Stewart of Harrisville; four grandchildren, Ryan, Taylor, Karlee and Allie Stewart; three sisters, Prudy (James) Mullens of Henderson, Nev., Debra Anderson of Harrisville and Sara (Jeff) Brown of Ossineke; three brothers, Gary (Sandy) Jacobs of Maggie Valley, N.C.; Rodney (Barb) Jacobs of Curran and Terry (Penny) Jacobs of Brooklyn, Mich.; one sister-in-law, Darlene Jacobs of Wyandotte, Mich.; and many nieces and nephews.

She was preceded in death by her parents; one brother, Michael Jacobs; one niece, Megan Jacobs; and one nephew, Matthew Jacobs.

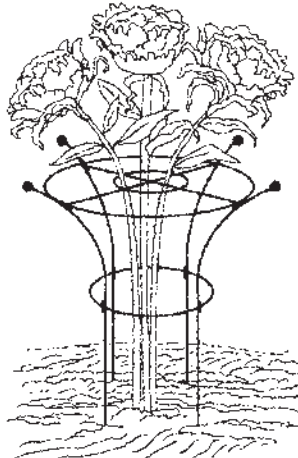
Visitation is at Gillies Funeral Home in Lincoln on Friday, June 14 from noon until the funeral service at 4 p.m. Memorial donations may be made to Alpena County Horseman's Club, or to Hospice of Michigan.

**The Garden Bug**

**Plant supports**

Cosmos, dahlias, delphiniums, peonies, phlox and hollyhocks are just a few of the flowering plants that do well with "ring" type supports. Set up supports *before* the plants have grown very tall.

Source: [www.gardeners.com](http://www.gardeners.com)



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## Alcona County Review

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**LETTERS TO THE EDITOR** are always welcome. All letters **MUST** be signed. Freedom of speech includes the responsibility for what is said. Authors **MUST** include an address and telephone number for verification, not publication. Word limit is 300. Deadline is Monday at noon. All rights reserved to edit letters for style, length and libelous content. Letters express the opinion of the author, not the opinion of the newspaper or its employees.

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**THE PUBLISHER** reserves the right to edit or reject any editorial or advertising copy submitted.

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## Letters to the Editor

To the Editor,  
We would like to thank the Barton City and Lincoln fire departments for their professionalism and quick response on April 3.

The fire fighters were very nice and made sure we were okay and helped move items out of our cabin in a very gentle way without damaging anything. Their profes-

sionalism was noticed immediately.

Our well being was their first concern. They offered us a place to stay with the Red Cross. Shirley and Stan, across the street, took care of us in our time of need at Jewell Lake Cozy Cabins Resort -- which we have used many times over the years.

We just wanted to thank

everyone who came out to do their job for their help. We never felt so helpless in our lives until the fire fighters arrived and took over as cool as they could have been.

Thank you for being there for us in our time of need.

The Legree Family  
Barton City

To the Editor,  
Letters from Arthur Thomas and Karen Briggs (June 5 edition) are examples of why merchants of hysteria and fear should be ignored by the people of Alcona County. Those employing such scare tactics are slaves to an ideology and cannot discern reality. They will accept as truth only that which agrees with their preconceived, ill-informed opinion. They cannot admit to reality nor tell the truth.

Truth is that which corresponds to reality. Reality is that frack-water is hauled to water treatment plants and is recycled. It is then put back into the earth or reused in further fracking. Conten-

tions that "no technology exists" to purify frack-water or that frack-water is "not purified at all" are simply false. State and federal laws, regulations, and agencies are committed to keeping our water safe. Those who deny this have their heads in the sand. Those who care to search can find articles on the Internet that show that frack-water is recycled and purified.

Regarding fracking and earthquakes: The National Research Council (part of the National Academies of Sciences), in an induced seismicity study released in 2012, says that in 35,000 wells, horizontally fracked, there were no seismic events that could be felt, with only one

miniscule exception. Statistically, that is a zero.

Also, new British research released this year found fracking an insignificant cause of seismic tremor. The study, done by Durham University, says that fracking is far less likely to cause a tremor than many other human activities.

Articles on both of the studies cited above may be found on the Internet by those who care to know the truth.

The best advice for the people of Alcona County is to reject the hysterics and scare tactics of Thomas and Briggs and of all other environmental extremists.

Lloyd Streeter  
Lake City, Fla.

### Alcona County Review Photo Policy

Photos for publication are always welcome. Photos can be mailed to P.O. Box 548, Harrisville, Mich. 48740, dropped off at 111 Lake Street, Harrisville or e-mailed to [editor@alconareview.com](mailto:editor@alconareview.com) **ONLY** as a JPEG attachment. The Review can take photos from your memory card, memory stick or CD rom. and it can scan *original* photographs.

Photos from phones, copy machines or computer printouts are not reproduceable. *If you would like your photo returned, please include a self addressed, stamped envelope.*

### Writing Letters to the Editor

The Alcona County Review welcomes Letters to the Editor so readers can express their opinion or draw attention to issues.

Letters to the editor must be signed with a first and last name and include an address, also a phone number where the author can be reached for confirmation or questions during regular business hours. Unsigned letters will not be published.

Letters must address the editor -- not government, the community, organizations or the authors of previously published letters.

Letters should be no longer than 300 words. Inappropriate content will be deleted and letters will run on a space available basis.

This forum is not intended as a thank you section for groups and organizations. Thank yous are considered personal messages and therefore advertising.

Drop off letters to the Alcona County Review office at 111 Lake Street, Harrisville; mail to P.O. Box 548, Harrisville, Mich. 48740; or e-mail using plain text format to [editor@alconareview.com](mailto:editor@alconareview.com).

### Harrisville Climatological Observations for 2012-2013

Date	Temperature (F°)		Precipitation Inches	Miles Per Hour		
	High	Low		Av. Wind Speed	High Speed	Dominant Direction
	June 2	62		45	0.12	2.0
June 3	65	36	0.00	1.9	18	WNW
June 4	58	40	0.00	2.5	15	SSW
June 5	56	43	0.07	3.0	16	NNE
June 6	57	48	0.00	5.2	18	NNE
June 7	59	45	0.00	4.6	19	NNE
June 8	61	48	0.12	1.0	9	ENE

Precipitation Summary (Inches)		2012-2013	
	2013	2012	Normal Water Content
Weekly Total	0.31	1.01	0.56
June to Date	0.31	1.15	0.64
Year to Date	14.96	10.47	10.80

Climatological Observations taken by Stanley L. Darmofal at the Harrisville National Weather Service Coop Station located 1.8 miles NNE of Harrisville Post Office. Observations for each day are from midnight through 11:59 p.m. T=Trace (less than 0.005" Water Content.)

# Calendar of Events

*(Editor's Note: Entries for Calendar are always welcome. They will be published in chronological order as space allows. Entries should be turned in at least two weeks prior to the date of the event. Events sponsored by businesses or individuals to make a profit or governmental units for meeting notification are not eligible for this free public service. Sorry, "bingo," "garage sales" or "raffle ticket sales" information is also not eligible.)*

## WEDNESDAY, JUNE 12

The Alcona County Chamber of Commerce will meet at 6 p.m. at the Lincoln Fire Hall, 117 Fiske Street.

Needle crafters are making hats, scarves and more at the Lincoln Senior Center, 207 Church Street, from 1:30 to 3:30 p.m. All items will be donated to local organizations. Bring your knitting needles, looms, yarn and patterns. Beginning crafters are welcome. For more information, call (989) 736-8879.

Alcona woodcarvers meet from 2 to 4 p.m. in the upstairs hall at the Lincoln Senior Center, 207 Church Street. All levels of woodcarvers including beginners are welcome.

Sing-a-long at 4 p.m. at the Greenbush Township Hall, 5307 Campbell Road, Greenbush. For more information, call (989) 736-8879.

Foot clinic with Connie Cosbett, R.N. from 10 a.m. to 4:30 p.m. at the Lincoln Senior Center, 207 Church Street. Cost is \$25, bring your own towel. For an appointment, call (989) 736-8879.

## THURSDAY, JUNE 13

Community Walking Club for everyone will meet at 8:30 a.m. at the Harrisville branch of the Alcona County Library, 312 Main Street. For more information, call (989) 724-6796.

TOPS MI 1502 Mikado meets at St. Raphael Catholic Church, 2531 F-30, Mikado. Weigh-in starts at 9:15 a.m. and meeting begins at 9:30 a.m. All are welcome. Handicap accessible. First meeting is free. For more information, call (989) 736-8022 or (989) 736-6045.

Free Zumba class with Paula at noon at the Lincoln Senior Center, 207 Church Street. For more information, call (989) 736-8879.

An artists' reception for the garden artists of the Sunrise Gardening Club will be held at 4 p.m. at the Harrisville branch of the Alcona County Library, 312 West Main Street. The exhibit, which is on display at the library, includes work the artists from the East Shore Art Guild have created of garden walks held over the past six years. Refreshments provided by Friends of the Library.

## FRIDAY, JUNE 14

Storytime and craft for children from 10:15 to 11 a.m. at

the Harrisville branch of the Alcona County Library, 312 West Main Street. Call (989) 724-6796 for more information.

There will be a fish fry from 5 to 7 p.m. at Maria Hall behind St. Anne Catholic Church in Harrisville. Cost is \$9 for adults, \$4 for children and free for age five and under. Everyone is welcome.

Alpena, Montmorency and Alcona counties Great Start Parent Group will meet at 6 p.m. at 2118 US-23, Alpena (located across the street from Pizza Hut). For more information or to reserve a place, call (989) 356-4567 extension 209.

Popcorn and a movie at 2 p.m. at the Lincoln Senior Center, 207 Church Street. For more information, call (989) 736-8879.

## SATURDAY, JUNE 15

Dragonfly Art Gallery, 116 East Main Street, is hosting a Father's Day reception from 1 to 4 p.m. Coffee and cookies will be provided. An original photo by Christine Brackett will be given away in a drawing.

Westminster Presbyterian Church, 201 Second Street, Harrisville will be having a bake sale from 8 a.m. to 1 p.m. They will also be selling brats, hot dogs and drinks.

The ARA Farm Market will be open from 9 a.m. to 12:30 p.m. at the ARA site on Barlow Road in Lincoln. For more information, call (989) 724-5077.

## SUNDAY, JUNE 16

The Barton City Eagles Ladies Auxiliary, 671 Sanborn Road, will be hosting a Father's Day breakfast from 9 a.m. to noon. Adults \$7, Children age six to 12 \$3, five and under and Dads no charge.

## MONDAY, JUNE 17

Ann Arbor Hands On Museum science festival at 1:30 p.m. at the Harrisville branch of the Alcona County Library, 312 West Main Street. Summer reading 2013 begins this day, sign-up at any branch.

Alcona County Senior Project Fresh will be distributing \$20 coupon vouchers from 12:30 to 2:30 p.m. for qualified seniors 60 years and older at the Lincoln Senior Center, 207 Church Street. For more information and to sign up for a date and time, call (989) 736-8879.

White Pine Quilt Guild will meet at 6:30 p.m. at Hollyhock Quilt Shoppe, 301 E. Main Street, Harrisville. For more information, call C. Pizer (989) 724-6403.

Two computers and WiFi available for seniors over 60 from 9 a.m. to 5 p.m. at the Lincoln Senior Center, 207 Church Street. For more information, call (989) 736-8879.

All ladies are invited to play Bunco at the Greenbush

Township Hall, 3029 Campbell Road at 2:30 p.m. Bunco is an easy game to learn, first timers are always welcome.

## TUESDAY, JUNE 18

"Animal Encounters" brings stories and live animals to the Harrisville branch of the Alcona County Library, 312 West Main Street at 1:30 p.m. Fun and free program for all ages. For more information, call (989) 724-6796.

The Alcona Book Club will meet from noon to 1 p.m. at the Harrisville branch of the Alcona County Library, 312 West Main Street. The selection for June is "Invisible Thread" by Laura Schroff. For more information, call (989) 724-6796.

Weight loss support group will meet at the Lincoln United Methodist Church, 101 East Main Street, at 4 p.m. Visitors are welcome and there is no membership fee. For more information, call (989) 736-8645 or (989) 736-8338.

Sing-a-long at 4 p.m. at the Lincoln Senior Center, 207 Church Street. For more information, call (989) 736-8879.

## WEDNESDAY, JUNE 19

Drop in Craft and Wii for children at the Lincoln branch of the Alcona County Library, 330 Traverse Bay Road from 1 to 3 p.m.

Alcona County Senior Project Fresh will be distributing \$20 coupon vouchers from 10 a.m. to noon for qualified seniors 60 years and older at the Lincoln Senior Center, 207 Church Street. For more information and to sign up for a date and time, call (989) 736-8879.

Food pantry from 1 to 3 p.m. at Spruce Lutheran Church, 1246 East Spruce Road, Spruce. Clients must be present to receive food and identification is required. For

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## K OF C FISH FRY

Friday, June, 14  
5-7 p.m.

Maria Hall behind St. Anne's  
\$9 adults, \$4 children  
5 and under free  
Take Out Available

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Love, Kari, Mom, Joanna, TJ, Johnny, Aubrey, Ashton, DJ and Addison!

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# Calendar of Events

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### June Programs at the Alcona County Library

Harrisville branch

For more info call 989-724-6796

Or visit the web [www.alcona.lib.mi.us](http://www.alcona.lib.mi.us)

**Thursday, June 13 – 4:00 p.m.**

Garden Art Artists' Reception  
Sunrise Side Garden Walk Art on Display

**Monday, June 17 – 1:30 – 3:30 p.m.**

Ann Arbor Hands-on Museum Super Science Fair  
and Summer Reading Kick-off

Sign up for Summer Reading for all Ages!

**Tuesday, June 18 – 1:30 p.m.**

Animal Encounters – "Dig Tales"\*\*\*

Live animals! Great Stories!

**Wednesday, June 19 – 1:00 – 3:00 p.m.**

Drop-in Craft and Wii Games at Lincoln branch  
Fun for kids of all ages! Call 989-736-3388.

**Thursday, June 20 – 8:30 a.m.**

Walking Club followed by a Fresh Fruit Frenzy  
Walk with us! Fitness is fun!

**Tuesday, June 25 – 2:00 p.m.**

Nelson the Animal Guy\*\*

Wild Animals from Around the World

**Wednesday, June 26 – 1:00 – 3:00 p.m.**

Drop-in Craft and Wii Games

Fun for kids of all ages!

**Thursdays, June 20 & 27 – 2:00 p.m.**

Family Movie Matinees on the only  
Big Screen in Alcona County

(call or check our webpage for movie titles)

\*\*Activity supported by the

Michigan Council for Arts and Cultural Affairs  
and the Kirtland Community College Foundation.



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more information, call (989) 471-5013.

Needle crafters are making hats, scarves and more at the Lincoln Senior Center, 207 Church Street, from 1:30 to 3:30 p.m. All items will be donated to local organizations. Bring your knitting needles, looms, yarn and patterns. Beginning crafters are welcome. For more information, call (989) 736-8879.

Alcona woodcarvers meet from 2 to 4 p.m. downstairs at the Lincoln Senior Center, 207 Church Street. All levels of woodcarvers including beginners are welcome.

Sing-a-long at 4 p.m. at the Greenbush Township Hall, 5307 Campbell Road, Greenbush. For more information, call (989) 736-8879.

Foot clinic with Connie Cosbett, R.N. from 10 a.m. to 4:30 p.m. at the Lincoln Senior Center, 207 Church Street. Cost is \$25, bring your own towel. For an appointment, call (989) 736-8879.

American Red Cross Blood Drive will be held from noon to 6 p.m. at the Lincoln Senior Center, 207 Church Street. Bring your Red Cross blood donor card or other form of positive identification. For more info, call (800) 733-2767 or visit [redcrossblood.org](http://redcrossblood.org).

Barton City Improvement Association will hold a special meeting at 7 p.m. at the VFW hall on Trask Lake Road. Citizens of Barton City are encouraged to attend, volunteers are needed.

### THURSDAY, JUNE 20

Community Walking Club for everyone will meet at 8:30 a.m. at the Harrisville branch of the Alcona County Library, 312 Main Street. For more information, call (989) 724-6796. A fresh fruit frenzy will follow the walking club to

celebrate the beginning of a happy, healthy summer at the Harrisville branch of the Alcona County Library at 9:15 a.m.

Storytime and craft for children from 1 to 2 p.m. at the Lincoln branch of the Alcona County Library, 330 Traverse Bay Road. For more information, call (989) 736-3388.

Family movie matinee at 2 p.m. at the Harrisville branch of the Alcona County Library, 312 West Main Street. Enjoy a newly released DVD and theater-style popcorn. Call (989) 724-6796 for details.

TOPS MI 1502 Mikado meets at St. Raphael Catholic Church, 2531 F-30, Mikado. Weigh-in starts at 9:15 a.m. and meeting begins at 9:30 a.m. All are welcome. Handicap accessible. First meeting is free. For more information, call (989) 736-8022 or (989) 736-6045.

Free Zumba class with Paula at noon at the Lincoln Senior Center, 207 Church Street. For more information, call (989) 736-8879.

Alcona retirees meet at noon for a potluck lunch at the Lincoln Senior Center, 207 Church Street. Newcomers are encouraged to come and see what this group is about.

A nutrition education class for older adults will be held at 3 p.m. at the Curtis Township Library, 4884 Bamfield Road, Glennie. Discussion will include easy ways to make smart food choices. For more information or to register, call (989) 735-2601 or (989) 724-6478.

American Red Cross Blood Drive will be held from noon to 5:45 p.m. at the Lott Baptist Church, 4257 M-65, Glennie. Bring your Red Cross blood donor card or other form of positive identification. For more info, call (800) 733-2767 or visit [redcrossblood.org](http://redcrossblood.org).

Northeast Michigan Genealogical Society is hosting the Mt. Joy Cemetery walk with Janet Higgins, Alcona County historian. The program will include a history of Mt. Joy Cemetery, early Black River pioneers and military veterans buried there. Meet at 7 p.m. at Alcona Township Hall, 5576 North US-23, Black River. The cemetery is located on Alcona Road, one half mile east of US-23.

### FRIDAY, JUNE 21

The Harrisville Beautification Committee is sponsoring a clean-up day from 9 to 11 a.m. at the harbor park. Volunteers are needed to pick up litter, rake, weed and sweep the park area. For more information, call Jackie Trimmer (989) 724-3093.

Storytime and craft for children from 10:15 to 11 a.m. at the Harrisville branch of the

Alcona County Library, 312 West Main Street. Call (989) 724-6796 for more information.

Popcorn and a movie at 2 p.m. at the Lincoln Senior Center, 207 Church Street. For more information, call (989) 736-8879.

The Barton City Eagles, 671 Sanborn Road, will be having a barbecue dinner from 4 to 7 p.m. Adults \$9, children age six to 12 \$4, under six free. Carry-out available, call (989) 736-3050.

### SATURDAY, JUNE 22

Community dance presented by Inspiration Alcona will be held from 6 to 9 p.m. at Harrisville State Park on US-23. The caller is Pat Hoekje from Traverse City and the band is the Swollen Fingers. For more information, email [info@dancealcona.com](mailto:info@dancealcona.com) or visit [inspirationalcona.org](http://inspirationalcona.org).

The ARA Farm Market will be open from 9 a.m. to 12:30 p.m. at the ARA site on Barlow Road in Lincoln. For more information, call (989) 724-5077.

A dinosaur bone cleaning demonstration with Paleo Joe will be held from 10 a.m. to 4 p.m. at Besser Museum, 491 Johnson Street, Alpena. Cost if \$5 for adults, \$3 for children and seniors, free admission for children under age 5 and museum members. For more information, call (989) 356-2202.

Lincoln Lions 6<sup>th</sup> Annual Golf Scramble. Twenty four-person teams compete in a scramble format for merchandise prizes. Golf at noon at Logger's Trace at Springport Hills Golf Club, Harrisville. Dinner follows at Village Lanes. Contact Lonnie Crampton (989) 724-9900.

Beach Boot Camp at 10 a.m. at the Harrisville State Park. Get summer-ready with instructor Danielle Belanger in this intense, power-loaded one-hour workout on the beach. Come experience this intense, core challenge that will cover upper, middle and lower abs, as well as oblique and lower back. This class is open to all ages. Bring your own towel or mat. For more information, call (989) 724-5126.

All-you-can-eat spaghetti dinner from 4 to 6:30 p.m. at Westminster Presbyterian Church, 201 Second Street, Harrisville. Cost is \$8 for adults, \$5 for children age six to 12, under age five free.

### SUNDAY, JUNE 23

Vacation Bible School for children kindergarten through sixth grade at Lott Baptist Church, 4257 M-65, Glennie from 6 to 8:30 p.m. For more information, call (989) 735-3771.

## Father's Day Dinner Specials 5:30-8 p.m.

### FATHER'S DAY JUNE 16 GOLF SPECIAL

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## Local Notes

### Correction

The Curran Fire Department assisted the Michigan State Police in the May 26 one-car accident on F-32. The Review apologizes for this error and any inconveniences it may have caused.

### Garden Art on Display

The art created during the Sunrise Gardening Club's annual Garden Walks will be on display at the Harrisville branch of the Alcona County Library through June 13. The painters of these Alcona gardens, all members of the East Shore Art Guild, will be honored at a reception on Thursday, June 13 at 4 p.m., hosted by Friends of the Library. All are welcome. For more information, call (989) 724-6796.

### ARA Farm Market

The ARA Farm Market will be outside Saturday, June 15 from 9 a.m. to 12:30 p.m. at the ARA site in Lincoln. Available this week: Sugar snap peas, garlic scapes, spinach, carrots, turnips, beets, radishes, cilantro, Swiss chard, lettuce, kale, arugula, farm-fresh eggs, assorted baked goods, all cuts of hormone and antibiotic-free grass and grain-fed beef, dried herbs, jams and jellies, herb plants, vegetable plants, perennials, annuals, handmade soaps, homemade laundry detergent, handmade cards, tatted lace, jewelry, bookmarks, and doilies, market bags, candles, a wide variety of wooden items and more. For more information, call (989) 724-5077.

### Youth Golf Clinic

Alcona 4-H will be holding a youth golf skills clinic at the Greenbush Golf Course on June 17, 20, 24 and 27. This clinic is free for current 4-H members while non-members will pay the annual \$10 member fee. Youth will learn and practice proper swing technique, approach, chipping and putting with golf instructor Ruth Golm. Participation will allow youth to play rounds at Greenbush Golf Course at a reduced rate for the rest of the 2013 golf season. This clinic is open to all youth ages 10-14 in Alcona and Iosco counties. To register, contact Les Thomas at the Alcona MSU Extension Office at (989) 724-6478 or Ruth Golm at the Greenbush Golf Course at (989) 724-5679.

### New Arrival

Myles Gordon Zielinski is the new son of Amanda and Justin Zielinski of Marietta, Ohio. He was born May 7, 2013 at Marietta Memorial Hospital. He weighed seven pounds, three ounces and was 19.5 inches long. He joins one sibling, Paxton, 1. He is the grandson of Teresa and Greg Hart of Lincoln, Craig MacNeill of Alpena and Jason and Mary Zielinski of Fredonia, N.Y. He is the great-grandson of Don and Margaret Read of Lincoln and Raymond and Delores Bromowicz of Dunkirk, N.Y.

### Hands-on Museum

Kick off summer reading for all ages with Ann Arbor Hands-On Museum's Super Science Fair on Monday, June 17 at 1:30 p.m. at the Harrisville branch of the Alcona County Library. Fossils, owl pellets and more encourage all to "Dig into Reading." This is a family friendly event. Sign up for summer reading for all ages - kids, teenagers and adults. There will be prizes and activities throughout the summer. For more information, call (989) 724-6796.

### Senior Menu

The following meals will be served at various times during the week at senior centers in Glennie, Greenbush and Lincoln. Anyone planning to attend a meal is asked to reserve a place by calling (989) 736-8879 by 10 a.m. Monday through Friday.

- Monday, June 17—Baked fish, red parsley potato, stewed tomatoes, three bean salad and fruit.

- Tuesday, June 18—Chef salad with ham, turkey, boiled egg, lettuce, tomato, onion, cheese and shredded carrots and fruit.

- Wednesday, June 19—Chicken mostaccioli, green beans, cucumber and onion salad and fruit.

- Thursday, June 20—Barbecued pork roast, baked beans, Prince Charles blend vegetables, applesauce and fruit.

- Friday, June 21—Cheeseburger on a bun, potato Lyonnais, green beans, coleslaw and fruit.

(Friday meals served in Lincoln only.)

### Items Needed

Items are being accepted for the annual fund raising event by Habitat for Humanity Northeast Michigan (formerly known as Alcona County Habitat for Humanity). The annual garage sale and auction is a major fund raising effort for the organization and community support is important for its success. The dates when donations can be made are: Saturday, June 15 and June 17, 18 and 19 from 10 a.m. to 2 p.m. at the ARA Site in Lincoln. No clothes will be accepted, just clean, gently used garage sale and furniture items. The date of the sale is Saturday, June 22, (one day only) from 9 a.m. to 3 p.m. at the ARA Site in Lincoln.

### Animal Encounters

What could be better than stories about animals? Books come to life with "Dig Tales," animal tales that feature critters that dig or spend time underground on Tuesday, June 18 at 1:30 p.m. at the Harrisville branch of the Alcona County Library. After each story, a live animal featured in that story will be introduced to the audience. Petting of some of the animals will be allowed. This free program is open to all ages and is sponsored, in part, by a grant from the

Michigan Council for Arts and Cultural Affairs and the Region 19 - Kirtland Community College Foundation. For more information, call (989) 724-6796.

### Fresh Fruit Frenzy

Join the Alcona County Library Walking Club on a one or two mile walk around Harrisville on Thursday, June 20 at 8:30 a.m., followed by a Fresh Fruit Frenzy at approximately 9:15 a.m. Slow, medium, and speedy walkers are welcome — no one walks alone. For more information, call (989) 724-6796.

### Miss Iosco Orientation

The Miss Iosco Scholarship Pageant committee will hold an orientation meeting for all girls interested in the 2013 pageant on Sunday, June 23 at 1 p.m. in the Oscoda High School board room. The meeting will be an informational meeting for princess (ages 8-12), teens (ages 13-17) and miss (ages 17-24). Girls, who live, work or attend school in Iosco, Arenac and Ogemaw counties are eligible for the miss pageant. The teen pageant is open to any interested girl living in the state of Michigan and the princess pageant is open to any girls living or attending school in Iosco County. All three reigning queens will wear their Iosco crown for one year.

Orientation will provide girls with specific information about rehearsals, requirements and dress. The princess pageant entry fee is \$35 and will be due in whole at orientation. The teen entry fee is \$75 and \$35 will be due at orientation. All miss contestants will be sponsored by local businesses. All girls need to bring a copy of her birth certificate and proof of residency and insurance.

### Grant Application

#### Deadline

The Community Foundation for Northeast Michigan (CFNEM) is accepting grant applications for the Sixth Annual Women's Giving Circle (WGC) grant cycle. Programs or projects should address any issues important

Continued on page 6A

*There will be a Commitment Ceremony for*  
**James "Jim" Carey**  
 Friday, June 14, 4 p.m.  
*At Mount Joy Cemetery*  
 Alcona Road  
*A social hour with light refreshments will follow at*  
 Saint Andrews-By-The-Lake Episcopal Church  
 745 N. US-23, Harrisville

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*Friends Together Alcona is offered by Friends Together, a non-profit cancer support organization based in Alpena. The group is supported locally by grants from the Knights of Columbus and by Community Foundation for Northeast Michigan.*

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**Harbor** Continued from page 1A

testing and survey work has also been initiated by Edgewater.

The state also offers a one-time permit that can be issued once every five years for up to 2,000 cubic yards of maintenance dredging. This permit can be issued essentially overnight under certain conditions. Gehring believes this permit and the five year permit are more restrictive than the Corps of Engineers permit. "In order to dispose of dredged material in open water as currently proposed in both permit applications, we must have sediment test data less than 10 years old that passes certain criteria, such as dredged material must be sand. Harrisville does not have current test data," Gehring said.

He explained, at best, Edgewater Resources test results could be in by June 15. The state's allowable dredging window closes on June 30, but as soon as the tests come in the harbor commission could apply for the one time emergency permit.

This would allow Alcona Dredge to dispose up to 2,000 cubic yards. However, if the tests come back unfavorable, Alcona Dredge may not be able to dredge in the harbor this year.

Gehring said the one time permit could include upland disposal of all dredged material, without sediment tests. In that event, dredging could begin as soon as a suitable upland site is constructed and available.

The only upland site that appears to Gehring as appropriate is the state owned land inside the breakwaters immediately south of the north breakwater and east of the launching ramp. Gehring has already requested a letter of authorization from the state. He felt the land use would not hamper the firework celebration planned for July 6.

"As we understand it, sediment sampling and testing is driving the schedules for these two projects. It is believed any material dredged from the channel entrance could only be characterized as clean sand which could be open lake disposed after proof of testing. Material around the docks may be a finer grained clay or silt and

may have some level of contaminants that would require confinement.

"Until the test results are in we won't know for certain. The state and Edgewater Resources have been very helpful and understanding of the issues at the Harrisville Harbor and are working cooperatively to help us move forward," Gehring said.

**Funds** Continued from page 1A

The United Way of Northeast Michigan is the secretariat for this program and does not take an administrative fee from the awards.

Under the terms of the grant from the national board, local organizations chosen to receive funds must: Be private voluntary nonprofits or units of government; have an accounting system; practice nondiscrimination; have demonstrated the capability to deliver emergency food and/or shelter programs; and if they are a private voluntary organization, they must have a voluntary board. Qualifying organizations are urged to apply.

Alpena, Alpena and Montmorency counties distributed emergency good and shelter in December 2012 to Salvation Army, Sunrise Mission, Shelter, Inc., St. Vincent dePaul Society in Alpena, Hillman and Mikado, Lewiston Community Sharing Program, Atlanta Church of Christ, Helping Hand Program in Atlanta, Atlanta Baby

Basket, United Methodist Church in Harrisville and Under His Wing Christian Fellowship.

These agencies are responsible for providing food, shelter, utility services, rent/mortgage and shelter supplies.

Meetings of the local boards are scheduled as follows:

- Alpena County, Wednesday, June 12, 10 a.m. in the upper level conference room of the APlex, 701 Woodward Avenue, Alpena;

- Alcona County, Monday, June 17, 2 p.m. at the Alcona County Courthouse (Commissioner's room) in Harrisville.

- Montmorency County held its meeting on June 10.

Public or private voluntary organizations in Alpena, Alcona or Montmorency counties interested in applying for Emergency Food and Shelter Program funds may contact the United Way of Northeast Michigan at (989) 354-2221 prior to the scheduled meetings.

**Local Notes**

Continued from page 5A

to women. The WGC fund has total assets over \$128,000, all possible because of donors who want to make an impact on women's issues in our area through the annual grant cycle.

The deadline for applications is July 1, 2013. All 501(c)(3) non-profit agencies and organizations in the counties of Alcona, Alpena, Montmorency, and Presque Isle are invited to apply. Applicants may review the grant requirements and submit an application online by clicking the grants or WGC tabs at www.cfnem.org and following the WGC grants link. Applications may also be submitted by regular mail.

For more information, call the CFNEM office at (989) 354-6881, (toll free) (877) 354-6881, or stop by the office at 111 Water Street in downtown Alpena.

**Community Health Walk**

Walk side-by-side with area physicians for a one or two mile walk this summer and gain health information. Dr. Jason Mussman, a plastic and reconstructive surgeon, will host the next community walk on Wednesday, June 26. Participants will meet at Thunder Bay National Marine Sanctuary (500 W. Fletcher) at 6:30 p.m. and can participate in a walk (maps will be provided) along the river bi-path. Dr. Mussman will provide a brief update on summer skin care and cancer prevention. ARMC will offer giveaways and healthy snack. This event is free and open to all.

Each month during the summer participants of the community walk will learn about a new health topic, ask questions of area health experts, get a free blood pressure check and enjoy a healthy snack. Other Community Health Walk dates are July 17 (bike ride) with Dr. Steven Vorenkamp, orthopaedic surgeon; August 21 with ARMC pediatricians; and September 18 with Dr. Allan Frank, internal medicine. For more information, call (989) 356-8106.

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**Birding BITS** BY Cindy Brook

*Working Birds*  
A pair of cardinals have taken up residence in a tree outside my office. I scattered some safflower seed on the ground near some cover. It wasn't long before they appeared to eat it. My co-workers have commented how nice it is to see them out there. Indeed it is. Thank you!

E-mail: birdingbits@cflrr.com  
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# SENIOR LIFESTYLES

## How to spot and prevent senior financial fraud

Dear Savvy Senior,  
Can you offer some tips on protecting seniors from financial scams? My neighbor's elderly mother was recently swindled out of \$10,000 and I want to make sure my own mother is protected.

Troubled Daughter

Dear Troubled,  
Financial scams that target the elderly continue to be a big problem in the U.S. In fact, it's estimated that some five million Americans over age 60 are scammed out of roughly three billion every year. Here are some tips that can help you spot a scam, and what you can do to protect your mom.

Spotting a scam or a con artist is not always easy to do. They range from shady financial advisers to slick-talking telemarketers to professional caregivers and relatives who steal from the very people they're supposed to be looking after.

The most common scams

targeting seniors today come in the form of free-lunch seminars selling dubious financial products, tricky/high-pressure telemarketing calls, and endless junk mail peddling free vacation packages, sweepstakes, phony charity fundraisers and more. And, of course, there's the ongoing problem of identity theft, Medicare fraud, door-to-door scams, credit card theft, and Internet and e-mail scams.

The best way to spot a scam is to help your mom manage her finances, or at least monitor her accounts. Reviewing her financial statements each month can alert you to questionable checks, credit card charges or large withdrawals.

If, however, she doesn't want you looking at her financial records, there are other clues. For example: Is she getting a lot of junk mail for contests, free trips, and sweepstakes? Is she receiving calls from strangers offering awards or moneymak-

ing deals? Also notice if her spending habits have changed, if she has complained about being short of money lately, or has suddenly become secretive or defensive about her finances. All these may be signs of trouble.

The most effective way to help protect your mom is to alert her to the different kind of scams out there. The easiest way to do this is by visiting the Financial Fraud Enforcement Task Force website (stopfraud.gov - click on "Protect Yourself"), where you can get a rundown on the different types of scams making the rounds these days. The Better Business Bureau Scam Stopper site at bbb.org/scam-stopper is another good resource.

If your mom doesn't have access to a computer, print out the materials yourself and use them to start a conversation.

It's also a good idea to keep close tabs on your mom's social circle. Has she acquired

any questionable new friends lately, or is she seeing anyone who's giving her advice, financial or otherwise?

Some other tips to protect her include reminding her to never give out her Social Security number or financial information unless she initiated the contact and knows the institution.

Also, see if your mom would be willing to let you sort her mail before she opens it so you can weed out the junk. To reduce the junk mail and/or e-mail she gets, use the Direct Marketing Association consumer opt-out service at dmachoice.org. And to stop credit card and insurance offers, use the Consumer Credit Reporting Industry opt-out service at optout-prescreen.com or call (888) 567-8688 - they will ask for your mom's Social Security number and date of birth.

Also, register your mom's home and cell phone numbers on the National Do Not Call Registry (donotcall.gov,

Savvy Senior

888-382-1222) to reduce telemarketers. And help her get a free copy of her credit report at annualcreditreport.com to make sure she isn't a victim of identity theft.

If you suspect your mom has gotten scammed report it to your state securities regulator's office (see nasaa.org for contact information), or your state's Adult Protective Services agency (call 800-677-1116 for contact information) that investigates reports of elderly financial abuse.

(Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.)



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# Kramer, Borke compete for state titles

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**FATHER'S DAY JUNE 16<sup>TH</sup>**  
Lunch & Dinner Buffet • 12 to 6 p.m.

Two local young ladies traveled to Muskegon, Mich. to compete for the titles of Miss Michigan and Miss Michigan's Outstanding Teen.

Alexandra Kramer, Miss Sunrise Side 2012, will compete for the title of Miss Michigan in preliminary competition which begins on June 13 and 14 with Miss Michigan being crowned on June 15.

Contestants will compete in interview, talent, evening wear, on-stage question, and swimwear. Kramer, 18, will be performing a flute solo for her talent and her platform is "U R Not Alone: Outreach for Today's Youth." She is enrolled at Saginaw Valley State University where she is a sophomore. She is the daughter of Paul and Ann Kramer of Lincoln.

Caitlin Borke, Miss Sunrise Side Teen 2012, competed for the title of Miss



Caitlin Borke



Alexandra Kramer

Michigan's Outstanding Teen in preliminary competition which started June 11, with Miss Michigan's Outstanding Teen being crowned on June 12. Contestants competed in interview, talent, evening wear, on-stage ques-

tion and active wear. Borke, 17, performed a vocal/piano solo for her talent and her platform is "Find Your Voice." She is a senior at Alpena High School and is the daughter of Ron and Lynn Borke of Hubbard Lake.

**AHC Alcona health centers**

is proud to announce the arrival of our new counselor,  
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## Fishing Tournament Results

The Lincoln Lions 31st Annual Lake Trout and Salmon Fishing tournament was held June 7-9 out of the Harrisville Harbor. A total of 12 boats participated and many lake trout were caught along with a good number of steelhead trout and a few Chinook salmon. The steelhead are the result of plantings in the harbor two years ago and they are now averaging seven pounds.



The winning boat in the Budweiser Super Tournament was Last Chance captained by Jerry Perrin from Twining, Mich. The team members are (from left) Mellisa McGuire, Dave Childs, Jerry Perrin, Rod Perrin and Shelly Perrin. *Photo courtesy of Lonnie Crampton.*

### Budweiser

#### Super Tournament

First place-Last Chance; Jerry Perrin; 146.8 pounds.

Second place-Looney Bin; Terry Wortley; 127.4 pounds.

Third place-Buzz On; Scott Gauthier; 126.4 pounds.

Fourth place-Feld's Farm; Mark Feldhiser; 120.8 pounds.

#### Largest fish

AuSable Kwe; Don Stone; 12 pounds; Saturday, lake trout.

Lazy Days; Bonny Major; 10.2 pounds; Saturday, salmon.

Buzz On; Scott Gauthier; 7.2 pounds; Saturday, steelhead/brown.

Buzz On; Scott Gauthier; 11.4 pounds; Sunday, lake trout.

Lazy Days; Bonny Major; 6.8 pounds; Sunday, Salmon.

Feld's Farm; Mark Feldhiser; six pounds; Sunday, steelhead/brown.

#### Shotmaker's Sports Bar and Grill Ladies Classic

First place-Last Chance; Jerry Perrin; 77 pounds.

Second place-Lazy Days Tom Morgan; 73.4 pounds.

Third place-Bonny Major; 54.5 pounds.

### Largest fish

Fishin Again; Tom Morgan; 73.4 pounds; 18 pounds lake trout.

#### Stihl/Lincoln Outdoor Center 3-Day Tournament Lake Trout

First place-Fishin' Again; Tom Morgan; 18 pounds.

Second place-Fishin' Again; Randy Morgan; 13.2 pounds.

Third place-AuSable Kwe; Don Stone; 12 pounds.

Salmon  
First place-Finlander; John Hoos; 13.8 pounds.

Second place - Last Chance; Jerry Perrin; 13.2 pounds.

Third place-Buzz On; Scott Gauthier; 13 pounds.

Steelhead/Brown  
First place-Buzz On; Scott Gauthier; 7.4 pounds.

Second place-Buzz On; Scott Gauthier; 7.2 pounds.

Third place-Last Chance; Jerry Perrin; 7 pounds.

Third place-Last Chance; Jerry Perrin; 7 pounds.

Third place-Feld's Farm; Mark Feldhiser; 7 pounds.

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# Alcona track hosts Alpena News invitational

**By Hope Smith**  
Track Writer

The 10<sup>th</sup> Annual Alpena News Honor Roll Invitational was held at Alcona High School on May 28. Invited to compete in the invitational were the top eight individual athletes and relay teams from Alcona, Alpena, Fairview, Hillman, Mio-AuSable, Oscoda, Posen, Rogers City and Whittemore-Prescott high schools who turned in the fastest times in their respected events.

- 110m hurdles: Fifth place - Kyle Good, 19.235.
- 4x800m relay: Fifth place - Nick Bouchard, Chad Haneckow, Jacob Stelmachoske, Jeffery Schram, 9:55.444.
- 100m dash: Fourth place - Aaron Ritchie, 12.13.
- 4x200m relay: Second place - B. Ritchie, Havercroft, Eric Hampton, Norling, 1:39.945.
- 4x100m relay: Second place - A. Ritchie, Hampton, Havercroft, Norling, 46.509.
- 800m run: Eighth place -

- Harmon, Nikki Smith, Karina Cole, 10:27.215.
- 4x200m relay: Third place - Smith, Harmon, Cole, Miranda Schalk, 1:59.001.
- 1600m run: Sixth place - Harlie LaFond, 6:33.214.
- 400m dash: First place - Quick, 1:00.871.
- 800m run: Second place - Quick, 2:34.917.
- 3200m run: Sixth place - LaFond, 14:44.176.
- 4x400m relay: Second place - Quick, Smith, Harmon, Cole, 4:25.014.



Alcona track athletes who qualified for state competition are (front row, from left) Coach Hope Smith, Mitch Havercroft, Eric Hampton, Aaron Ritchie, Garrette Norling, Coach Larry Spare, (back row) Torie Harmon, Megan Quick and Nikki Smith. Not pictured: Miranda Schalk and Karina Cole. Photo courtesy of Tammy Quick.

This annual event is a wrap up to the season, showcases local athletes and prepares many of them for state competition.

Meet results for the Alpena News Honor Roll Invitational are as follows.

**Boys results**

- High jump: Seventh place - Brandon Ritchie 5 feet; eighth place - Mitchel Havercroft, 5 feet.
- Pole vault: Third place - Garrette Norling, 10 feet; fifth place - Steven Rizzotto, 8 feet.

- Schram, 2:27.155.
- 200m dash: Second place - A. Ritchie, 23.663.
- 3200m run: Fifth place - Kyle Thum, 11:40.004.
- 4x400m relay: Third place - Norling, Hampton, Havercroft, A. Ritchie, 3:40.511.

**Girls results**

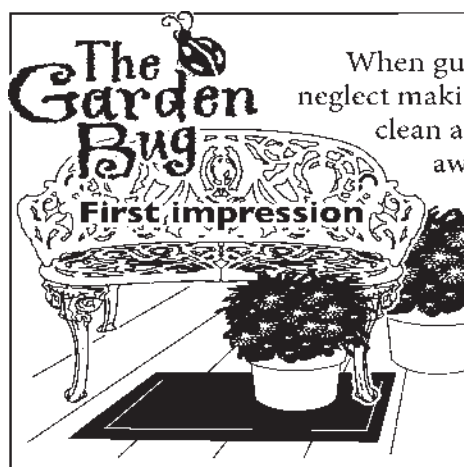
- High Jump: seventh place - Sydney Pierce, 4 feet, 6 inches; eighth place - Torie Harmon, 4 feet, 6 inches.
- 4x800m relay: Second place - Megan Quick, Torie

## Fishing Continued from page 8A

**Largest Daily Fish**

- Fishin' Again; Tom Morgan; 18 pounds; Friday, lake trout.
- Last Chance; Jerry Perrin; 13.2 pounds; Friday, salmon.
- Last Chance; Jerry Perrin; 7 pounds; Friday, steelhead/brown.
- AuSable Kwe; Don Stone; 12 pounds; Saturday, lake trout.
- Finlander; John Hoos; 13.8

- pounds; Saturday, salmon.
- Buzz On; Scott Gauthier; 7.2 pounds; Saturday, steelhead/brown.
- Buzz On; Scott Gauthier; 11.4 pounds; Sunday, lake trout.
- Lazy Days; Bonny Major; 6.8 pounds; Sunday, salmon
- Feld's Farm; Mark Feldhiser; six pounds; Sunday, steelhead/brown.



When guests are coming, don't neglect making your entrance area clean and welcoming. Sweep away all cobwebs, leaves and yard debris. Make sure your porch light is working. Add fresh flowers, and maybe a new doormat.

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**SCHOOL DISTRICT  
NOTICE OF A PUBLIC HEARING  
ON PROPOSED 2013-2014 BUDGET**

Please Take Notice that on June 24, 2013 at 6 p.m. at Alcona Community Schools Board Room, Lincoln, Michigan the Board of Education of Alcona Community Schools will hold a public hearing to consider the District's proposed 2013-2014 budget.

The Board may not adopt its proposed 2013-2014 budget until after a public hearing. A copy of the proposed 2013-2014 budget, including the proposed property tax millage rate, is available for public inspection during normal business hours at Alcona Community Schools District Office.

**The property tax millage rate proposed to be levied to support the proposed budget will be a subject of this hearing.**

This notice is given by order of the Board of Education.  
Gary Sims, Secretary

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The Harrisville Township Zoning Board of Appeals will hear a request from the Family Heritage Baptist Church for a variance for an additional 16 square foot sign, part of which will be off premise. This parcel, 060-016-100-020-00 located at 4260 M-72 is zoned R-1. This public meeting will be held at the Harrisville Township Hall at 7 p.m. on June 26, 2013. Comments can be sent to the Zoning Administrator at 3375 E. Dellar Road, Harrisville, MI 48740.

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**By Kathryn Fritz Kniep**  
*Columnist*

I got a bouquet of flowers this past week, from a much younger man. Brought in behind his back after a walk and presented with a flourish. "I picked these for you, Nana!"

A fistful of yellow dandelions or as Boy tells me, "Halloween flowers." I arranged them in a green plastic cup and put them in the living room window where I could see them each time I sat down. They lasted, and meant more, than any bouquet of roses.

The first time A.J. and the Princess brought Boy to visit, he was just past two-years-old, a bit of baby scent still clinging to him, cuddly and cute. After the first couple of visits, he dubbed us Nana and Papa -- interesting since there's no history of those names in his family or ours. In what seems like a very short time, he's become almost four, amazingly grown and a very important part of our family and our lives.

When Boy arrives for a visit, no one is happier than Henri, our youngest dog. Henri (who Boy called "Harry" for a very long time) needed a boy and he bounds from the couch to greet him. He's got some ears to lick hello, and he's hoping for his fair share of pats, the occasional bite of cookie and a walk with Boy in charge of

the "yeash." Henri thinks Boy is the best thing we ever got him. It's mutual. Boy told me not long ago that Henri is his best friend and he's always careful and gentle with him.

Four is such a neat age. It's straight-forward, fun and conversational. These days, Boy wants to know the "why" of everything -- sometimes driving his dad and the Princess to distraction. As Nana, more patient than I used to be, I kind of enjoy explaining the whys, although faced with a malfunctioning iPad game and with none of the in-house techies on hand one day, I had to tell him "I don't know why it won't turn on, Boy. We'll just have to wait for someone who does."

At four, Boy has distinct opinions, likes and dislikes. When it comes to his dietary requirements, he's very precise. "I don't eat cheese," he tells me, "or tomatoes or eggs." Pretty much everything else is fair game and he often tells me, "Nana, this is delicious."

At times, he eats as though he's been shipwrecked for a month and at others, he's not particularly hungry. He is, however, honest. As he lingered at the breakfast table the other morning, picking unhappily at a bowl of Cheerios, the Princess and I sat in the adjoining living room, chatting. From time to time, Boy called out, "Can I get down now?" Each time, the Princess asked, "Have you finished your breakfast?" Each time, Boy sighed and replied, in a small voice, "No." "Well, you have to finish your breakfast before you get down," the Princess told him.

Keep in mind that this kid was sitting in the dining room alone except for the company of a hopeful Henri. If he'd thought of it, he could have dispatched those Cheerios in a minute, simply by slipping the bowl down to Henri's height. But as I said, he's honest. It simply didn't occur to him.

Once in a while, however, it does occur to him to test for a weak link in the chain of command. While he ate a snack the other day, he asked me if we could put cartoons on the television. No, I told him, Nana was watching the news. He thought about that for a moment, then brightened as Papa entered the room. "Papa," he inquired, "Can you put cartoons on the television for me?" No, Papa told him, Nana is watching the news.

Not one to give up easily, Boy waited until the Princess came by to ask her if she would put cartoons on for him. When she replied in the negative, "Because Nana is watching the news," Boy sighed deeply. "What," he asked me with a frustrated look, "is the news?"

I gave him my best four-year-old explanation by which time the news had ended without my seeing

much of it, but Boy learned one more lesson on the power of a united front.

It's obvious to Boy that when the subject is naps, or baths or running in the house, the vote usually comes out four-to-one. What he may not realize entirely is that when it comes to thinking he's the best thing since sliced bread, the grown-ups (and Henri) are unanimous on that, too.

Recently, he's discovered the joy of the "yibrary" and particularly the Little Llama (or "Yittle Yama," -- we're working on his l's) books. You forget, over time, what a sense of wonder there is in loving a great story for the very first time. It's a real joy to get to experience it all over again, especially if you haven't had to read that particular book every night, as his parents have, for three solid weeks.

So is introducing an almost four-year-old to a hula hoop, or the red wagon that's been in the family since the Princess first rode in it. And there's a bittersweet in noticing that already, his legs are getting too long for his rocking chair and that he no longer fits in the ride-upon we got him last summer.

He views each of these milestones as an accomplishment, as I suppose he should. Particularly, right now, the achievement of being finally, totally potty-trained. When I complimented him on his shirt the other morning, he had something more exciting to show me. Lowering the waistband of his pants a bit, he pointed out happily that he was wearing his penguin underpants. I told him they were cool.

Far too soon, I know, he'll no longer want to discuss his underpinnings with me. Far too soon, he won't need me to go outside with him. Far too soon, the magic will fade a bit from the yard of fabric Nana magically transformed into a super hero cape.

So for now, I plan to enjoy every minute of it. After all, who else gasps, "Nana" with such enthusiasm when I get up from a nap, or whispers "I love you" at bedtime? Personally, I'm with Henri. I think Boy is one of the coolest things the Princess ever brought us.

And besides, he brings me flowers.

(Kathryn Kniep has contributed to the Alcona County Review for more than 30 years. She has published fiction, nonfiction and poetry in several venues. She and her husband, Art, live in Harrisville. The couple has one daughter, Katrina -- "the Princess," two dogs, Lady and Henry, and granddog, Bastian, all of whom are frequent victims of her column.)

**top ten**

**Summer Vegetables**

1. Zucchini
2. Tomatoes
3. Shelling beans
4. Sweet peppers
5. Okra
6. Green beans
7. Garden peas
8. Eggplant
9. Cucumbers
10. Corn

Source: about.com

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# Improving habitat on the AuSable River's North Branch

Fisheries managers have been adding woody cover, often whole trees, to trout streams for close to a century. During the 1930s, the federal Civilian Conservation Corps (CCC) spent countless hours building what have come to be known as "lunker structures" in some of the state's most notable trout streams.



Workers arrange woody debris in the North Branch of the Au Sable River. Photos courtesy of Michigan DNR.

Over the course of the last two decades, the Michigan Department of Natural Resources (DNR) and fisheries conservation groups have re-invigorated the campaign to increase woody cover in streams, led by efforts along the AuSable River that use helicopters to drop whole trees into the various branches of one of America's most famous trout streams.

But the placement of woody debris in streams can provide benefits in addition to giving trout a place to hide. Properly placed, woody cover can improve the function of streams, including helping to manage and move sediment that covers up gravel - valuable spawning and aquatic insect habitat in the stream.

That's a part of the focus of a \$60,000 project underway this summer and next on the North Branch of the Au Sable River near Lovells, Mich. A work crew placed logs and trees, as well as rehabilitating old structures, to improve habitat - and fishing - in the stream.

"This is one of our blue-ribbon trout streams," ex-

plained DNR fisheries biologist Neal Godby, who oversees this branch of the Au-Sable. "The North Branch is known for its brook trout, but over time, the population abundance has gone down. Our most recent estimates show a small rebound and we hope that will continue, so we're just trying to improve the habitat and enhance the cover in the river."

lators (1907) and the rules continue to prohibit live bait and restrict the harvest. The restoration project is being coordinated by the Anglers of the AuSable, who have hired recently retired DNR fisheries biologist Steve Sendek to oversee the effort. Sendek, who had worked on the AuSable River system for much of his career, said the placement of new cover and restoration of aging structures will help manage the sand, which is covering up valuable gravel.

"The Anglers' main interest here is to improve the brook trout fishing," said Sendek. "Brook trout don't live very long and this project is an attempt to get better brook trout survival."

Much of the best spawning habitat remaining in the North Branch is devoid of cover, Sendek said.

the Twin Branch Bridge, which Sendek said was poorly designed and causes increased sedimentation. The new structure will trap sand that is moving downstream and will eventually be an island with vegetation growing on it that will improve stream function.

"There's wonderful spawning gravel downstream that we're trying to protect," Sendek said. "If we lose that, we're really in trouble."

Sendek said the project has "terrific support" among the river's property owners. "All the people along the river here have signed easements to allow this work to happen," he said. "They understand what this project is about and they're good with it."

Besides the work crew he's hired to implement the

Continued on page 12A



The North Branch of the AuSable River is the focus of a habitat restoration project that will involve workers and volunteers during this summer and next.

A relatively wide, shallow stream, the North Branch is fairly easy to wade and easy to fish, Godby said. It was the first stretch of Michigan trout water to have flies-only regu-

"Brook trout are very vulnerable when they go on the redds in the fall," he said. "Hopefully, we're going to give them a little escape cover around their spawning habitat."

The project "has been a lot of years in the making," Sendek said. "The area has been surveyed for years, and spawning areas and natural springs have been identified. You have to be careful when you put something in here that it's done right."

Part of the project involves building a large woody debris structure just upstream from

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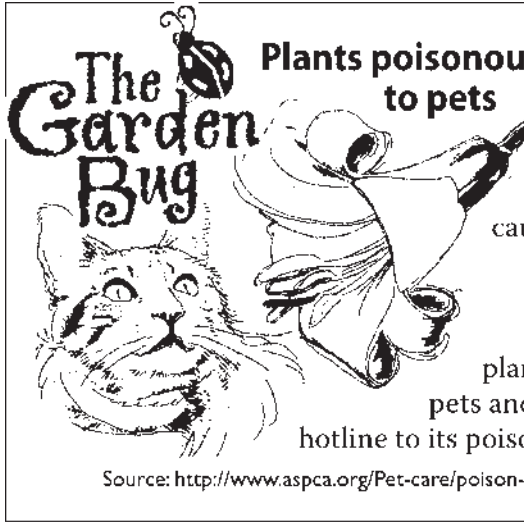
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# Notes from the field: A lucky day



**The Garden Bug**

**Plants poisonous to pets**

Day lilies are highly toxic to cats; even small amounts of the plant can cause severe kidney damage. The site [www.aspc.org](http://www.aspc.org) lists many of the plants most lethal to pets and hosts a 24-hour hotline to its poison control center.

Source: [http://www.aspc.org/Pet-care/poison-control/Plants/day\\_lilies](http://www.aspc.org/Pet-care/poison-control/Plants/day_lilies)

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Wildlife biologist Pete Kailing recently had one of those days at work that he'll never forget.

"I couldn't believe the luck we had that day," Kailing said. "Sometimes it just feels like everything is working against you, but days like this are magic."

Kailing is the Michigan Department of Natural Resources (DNR) wildlife biologist out of Big Rapids, Mich., who covers Oceana, Newaygo and Mecosta counties.

The DNR and Michigan State University are conducting a research project studying southern Michigan bear movements. Getting radio collars on bears is crucial to this study. This sounds much easier than it actually is. Although recently, everything was in the right place at the right time in northern Newaygo County.

Dwayne Etter, lead DNR research biologist out of Rose Lake, and his crew had just finished trapping and radio-collaring a small bear nearby. Kailing had been on hand to assist in the effort, and everyone was wrapping up the successful collaring effort and headed in their own directions, when Kailing came around a curve and saw a female bear and her cub feeding in the open area.



A female black bear crossing in front of wildlife biologist Pete Kailing's truck. Photo courtesy of Michigan DNR.

"The two bears ran for the woods, and conveniently the cub ran up a tree," Kailing said. "This was the perfect scenario. I quickly called Etter to tell him where I was and to get here fast."

Trapping bears can be time-consuming – finding a good trap location, baiting the trap frequently, checking traps daily if not twice a day – and possibly not get the bear. Having a treed cub, with the sow nearby and DNR staff in the immediate area, is stroke of luck.

Kailing waited in his truck

for Etter to arrive. Meanwhile, the female bear circled Kailing in his truck, and finally went up the tree with the cub. When Etter arrived, the two were able to tranquilize the two bears, attach radio collars and gather other important information needed for the bear research project.

"In one day we had three bears collared – it was a great day," said Kailing.

To learn more about Michigan's bear populations, visit [www.michigan.gov/bear](http://www.michigan.gov/bear).

## Benefits available for World War II veterans

Nearly 70 years ago, Allied Forces embarked on a campaign to invade Europe with a series of landings in Normand, France with the intention of liberating Europe from Nazi occupation.

In D-day remarks to troops before the landings on June 6<sup>th</sup> 1944, General Dwight Eisenhower said, "Soldiers, sailors and airmen of the Allied Expeditionary Force, you are about to embark upon a great crusade, toward which we have striven these many months. The eyes of the world are upon you. The hopes and prayers of liberty loving people everywhere march with you.

"In company with our brave allies and brothers in arms on other fronts, you will bring about the destruction of the German war machine, the elimination of Nazi tyranny over the oppressed peoples of Europe, and security for ourselves in a free world."

In pursuit of that goal, nearly 10,000 allied soldiers

died that day before they and other World War II veterans prevailed and liberated Europe, Asia and the Pacific.

With nearly 100,000 World War II veterans living in Michigan, their impact is still being felt. World War II veterans are volunteering in many facets of Michigan Life. "Unfortunately many veterans, especially World War II era, are unaware of the benefits that they have earned," said Jason Allen, senior policy advisor for the Michigan Veterans Affairs Agency. "Significant benefits may be available to them and surviving family members in the form of VA pensions and healthcare benefits."

Aid and attendance and widows pensions are programs designed to help mature veterans and their sur-

vivors maintain quality of life. The supplemental monthly income can be used to help with needs at home or in nursing facilities. Both programs are income based and require an application. Criterion includes needs, expenses and assets.

Veterans Healthcare is based on income and disabilities. Several levels of service are available to veterans based on income level disabilities. Many veterans who qualify for a disability don't recognize they qualify for healthcare. More information on pensions and healthcare are available through local county veterans' offices (Alcona County Veterans Counselor (989) 724-9510) and the Veterans Service office at [www.Michigan.gov](http://www.Michigan.gov) or at VA.gov.

## Habitat Continued from page 11A

project, Sendek said there is a veritable army of volunteers who are helping out.

"We're going to have week-end work bees up here where chapters of Trout Unlimited are going to come up and work on it," he said. "Everyone's trying to help fill the gaps because the state just doesn't have the funds to do it all itself."

Not that the state isn't contributing; Anglers of the AuSable received an almost \$40,000 grant from the DNR's Habitat Improvement Account.

"We're counting on our partners because we just don't have the crews to do it ourselves," Godby said. "The partnerships here go well beyond this habitat work. There's temperature logging

and help on surveys – everything that goes on here involves our partners. We're trying to make watershed improvements on a site level."

Gerry Lake, who works at the North Branch Historical Society and is a member of Anglers of the AuSable, said he's been working to improve the stream ever since it suffered a calamitous fish kill back in the 1970s.

"I'm very excited by this project, but we've got a long way to go," Lake said. "We've got to be here for the long haul. This may be blind optimism, but the camaraderie of everyone working together here is what makes it exciting."

Visit Michigan Habitat Improvement Fund Grants for more information.

# 924-mile trek tracks cross-state trail plan

**By Nicholas Blaskowski**  
Capital News Service

Chris Hillier of Taylor, Mich. is on a hike of historic proportions.

The former U.S. Army medic and current cardiovascular technologist said he's logged more than 6,000 miles of hiking since 2011, mostly across Michigan.

His new journey takes him from Belle Isle in Detroit, Mich. to Ironwood, Mich. a western Upper Peninsula city bordering Wisconsin.

The 924-mile hike will make Hillier the first to tackle the trail route proposed by Gov. Rick Snyder last November. The plan, to be funded in part from the Natural Resource Trust Fund, would connect existing pathways - about 70 percent of the route - with new trails to showcase the state's waterways, diverse forests and wildlife.

"My goal for this hike is to raise awareness of the breathtaking sights Michigan has to offer, while promoting active lifestyles for tourists and nearby residents of the trails," said Hillier, who is

nicknamed "Wolverine" by fellow hikers.

And like in a scene out of the film "Forrest Gump," Hillier said people sometimes join him during his long hikes.

A smartphone will update his progress during a journey he estimates will take 10 weeks, ending in late July.

"I'll be highlighting key spots along the way, as well as keeping up with family, friends, and even interested news media," Hillier said. "Most of the process will be finding my way, and for that I'll use Google Earth."

Google Earth also allows Hillier to take a virtual tour of his path before he hits a trail segment. That may come in handy. Segments of the proposed corner-to-corner trail won't be developed for another couple of years, so Hillier will improvise by traveling part of the way on city streets.

Nancy Krupiarz, executive director of the nonprofit Michigan Trails & Greenways Alliance, said the precise route of Gov. Snyder's proposed system is not yet de-

termined. "We're still waiting on funding and partners who donate for building of trails and connecting the current ones," she said.

While Michigan is already a major destination for hiking and bicycling enthusiasts, Krupiarz said the project could cement its spot as the number-one trail state while boosting local economies.

For example, the 62-mile North Central State Trail, once the northernmost segment of the Michigan Central Railroad, will soon become a stretch on the signature trail. The newly resurfaced trail draws vacationers to Cheboygan, Mich. near the end of the segment.

"It becomes bigger every year. Tourists who are looking for a more active lifestyle come from all around to see the natural beauty of the trails connecting to our town," said Matthew Friday, executive director of the Cheboygan Area Chamber of Commerce. "They're taking a break from the trail to shop in our stores, eating at our restaurants and staying in our hotels."

Michigan Department of Natural Resources (DNR) officials are already working out details with the Trails & Greenways Alliance. One crucial detail is trail maintenance, which Krupiarz said might be done by nonprofit volunteer groups or hiking enthusiasts.

"The amount of maintenance needed for a trail this long is plenty and could range from anything from trash pickup to repairing damage caused by rodents," Krupiarz said.

Already this year, 7,300 hours of volunteer work were logged to maintain Belle Isle Park along the Detroit River opposite Windsor, Ont. It's the southeasternmost terminus on the proposed trail. There's been great progress to refurbish the park, preparing it for seven and one half miles of trail, said managing steward Mebby Pearson of the Belle Isle Conservancy.

"Our conservancy has been working to create safe trails on the island by removing invasive plants and trash," Pearson said. "We have put the island in a great position to receive much-needed grant funding."

As for Hillier - the long-distance hiker - when people ask why he does so many miles for weeks at a time, he replies that he just enjoys hiking.

## Exercise for healthy aging

(ARA) - Sixty-year-old Ester Kurz does a lot of things, but taking prescribed medicine isn't one of them. While most people her age take a pill for one thing or another, Kurz, from Baltimore, Md., self-prescribes exercise for healthy aging.

On a daily basis Kurz, who turned 61 in June, goes to the Life Time Fitness in Rockville, Md., to enjoy everything from boot camp to yoga. Her favorite day is Monday, she said, when she goes from kickboxing to indoor cycling class to boot camp. "Each year, I seem to up the number and types of routines," she said.

Kurz's attitude is counter to the majority of her peers. Just 30 percent of people between ages 45 and 64 say they engage in regular leisure-time physical activity, according to the Centers for Disease Control and Prevention's 2010 National Interview Survey.

As people get older, they move even less: Twenty-five percent are active between the ages 65 and 74 and only 11 percent of those 85 and older say they are active. That's a problem because studies indicate there's a correlation between activity and a lower death rate in older adults.

"Healthy aging is the ability to maintain your mental, physical and cellular health," said Jason Stella, a personal trainer at Life Time Fitness, The Healthy Way of Life Company. "The process of aging is inevitable, but the choices you make, good or bad, throughout your lifetime dictate the rate at which you will age and the positive or negative health affects you develop."

In particular, Stella said behaviors that sabotage healthy aging include eating processed foods, taking too many medications, not con-

trolling stress and inactivity.

"I have had almost no injuries and very few aches and pains other than when I push myself too hard," Kurz said. In addition to staying physically active, Kurz is a lobbyist for a grassroots advocacy organization, a wife and mother of two sons, ages 19 and 21, as well as a volunteer with several organizations.

"A few years ago, I fell down a flight of stairs and, other than a few bruises and scrapes, did very little damage to my body," Kurz said. "I have to believe exercise had a great deal to do with that."

Regular exercise and physical activity are critical to helping older adults stay independent as they age. Strengthening bone and joint health to protect mobility is all the motivation most active older adults need to exercise.

Kurz appreciates those benefits, too, but likes the added challenges. In February she competed in the Life Time Fitness Alpha Showdown, a national competition that tests the body's core energy systems: power, strength and endurance. Most competitors were much younger than Kurz. "I did not win," she said, "But I don't think I lost either."



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Hunter is on Coach Nathan Walker's 9-10 year old baseball team.

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# Six simple steps to financial success

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(ARA) - After watching the stock market soar to record highs over the first four months of the year, many investors are wondering if they should make changes to their investment portfolios.

Perhaps - but not because of what the stock market has done. Investment decisions based on short-term market moves are often short-sighted. A better approach is to stick to a long-term strategy built on proven investment fundamentals, and aligned with your goals and objectives.

Here are six steps that can help put a financial plan on the right track.

- If your employer offers a 401(k) plan, use it. For a variety of reasons, it is often going to be your most attractive investment opportunity. Most employers will match a portion of your contributions, making your effective returns higher.

If you contribute \$1,000 to your plan, for example, and your employer matches that at 50 cents on the dollar, your contribution is actually worth \$1,500. A 401(k) also offers tax advantages on contributions and investment gains. Finally, it puts your contributions on autopilot via systematic payroll deductions. That makes it less likely you'll skip contributions, and also lets you take advantage of the powerful benefits of dollar-cost averaging. (Dollar cost averaging does not ensure a profit, nor does it protect against losses in a declining market. Because dollar cost averaging involves

continuous investing, investors should consider their long-term ability to continue to make purchases through periods of low price levels.)

Simply put, your regular, fixed-dollar contributions buy more shares when prices are low, and fewer when they're high.

- Understand your investment horizon. Many people underestimate how long their retirement savings will need to last, which can lead to a host of mistakes. Some invest too conservatively, making it hard for their portfolios to keep pace with inflation. Others draw down their assets too quickly in retirement, boosting the odds that they'll run out of money in old age.

The average 65-year-old in good health today can expect to live about 20 more years. Your investment strategy should reflect the possibility that you will not only meet, but perhaps exceed, the life expectancy averages.

- Don't underestimate the corrosive effects of inflation - even at low levels. At a rate of just two percent, inflation cuts the buying power of a dollar by a third in about 20 years. At three percent, it does the job in 14 years. Make sure your portfolio includes some assets, like stocks, that historically have outperformed inflation over long periods of time.

- Diversify your investment portfolio, but understand that you will need to do more to mitigate longevity risk. Di-

versification is the simplest and most effective approach to managing investment risk, but is ineffective at managing many other threats to your financial security.

Longevity risk, for example - the risk of outliving your savings - is best managed by pooling your risk with other investors. One way to do that is with an annuity contract issued by an insurance company. Certain annuity contracts work like old-fashioned pension plans, paying a fixed income for life. (Guarantees are backed by the financial strength and claims-paying ability of the issuing insurance company.) Some include escalation clauses that increase your payout over time to keep pace with inflation.

Knowing that you have provided for your basic living expenses with an annuity can provide the reassurance you need to take a long-term perspective on stocks and other growth-oriented investments - the ones your portfolio needs to keep pace with inflation.

- When investing in stocks, don't confuse where a company is headquartered with where it earns its money. Many people are looking to capitalize on investments in the fast-growing emerging economies of Asia, Latin America and Eastern Europe. Often, though, emerging-market companies are not fueled by growth in their own economies. Many are mining

Continued on page 16A

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## American Life in Poetry

**By Ted Kooser**

*U.S. Poet Laureate, 2004-2006*

This column originates in Nebraska, and our office is about two hours' drive from that stretch of the Platte River where thousands of sandhill cranes stop for a few weeks each year. Linda Hogan, one of our most respected Native writers and Writer in Residence for The Chickasaw Nation, perfectly captures their magic and mystery in this fine poem.

### The Sandhills

The language of cranes  
 we once were told  
 is the wind. The wind  
 is their method,  
 their current, the translated story  
 of life they write across the sky.  
 Millions of years  
 they have blown here  
 on ancestral longing,  
 their wings of wide arrival,  
 necks long, legs stretched out  
 above strands of earth  
 where they arrive  
 with the shine of water,  
 stories, interminable  
 language of exchanges  
 descended from the sky  
 and then they stand,  
 earth made only of crane  
 from bank to bank of the river  
 as far as you can see  
 the ancient story made new.

American Life in Poetry is made possible by The Poetry Foundation ([www.poetryfoundation.org](http://www.poetryfoundation.org)), publisher of Poetry magazine. It is also supported by the Department of English at the University of Nebraska-Lincoln. Poem reprinted from Sing: Poetry from the Indigenous Americas, Ed. by Allison Adelle Hedge Coke, The Univ. of Arizona Press, 2011, by permission of Linda Hogan and the publisher.

# Physicians recommend early testing and treatment for osteoporosis

An individual's bones are living tissues that grow over their lifetime. Bones are made up of three components that make them flexible and durable: Collagen, calcium-phosphate mineral complexes, and living bone cells.

"Even after children and teenagers stop growing taller, they continue to build bone mass at a higher rate than they lose bone mass. This means that bones get denser until they reach peak bone mass which usually happens between the ages of 18 and 25," said Dr. Eric Cornish, board certified orthopaedic surgeon at Alpena Regional Medical Center (ARMC) Medical Group Orthopaedic Associates. "As we age, we lose bone mass at a higher rate than it rejuvenates which can lead to osteoporosis."

Between the ages of 18 and 25 years is a great window of time to start developing bone mass and strength through a healthy diet and exercise because it makes individuals more resistant to bone breaks and osteoporosis later in life. Although bone loss increases for both men and women during midlife, women can lose up to 20 percent more bone density during menopause.

"The main problem with osteoporosis and low bone density is that your bones become weaker and more brittle, putting you at a higher risk for injury when you fall or even bump a part of your body," Dr. Cornish said. "Osteoporosis is really serious and sadly people don't understand the risks, signs, and preventative measures that can and should be taken."

The National Osteoporosis Foundation (NOF) estimates approximately nine million adults in the U.S. have osteoporosis and more than 48 million have low bone mass, placing them at increased risk for osteoporosis and broken bones. With such a huge number of undiagnosed cases in the U.S., it's important to know if you're at risk and what to do about it now.

Osteoporosis is often called the "silent disease," because individuals could have it now or be at-risk without even realizing it. They can't feel their bones becoming weaker. Breaking a bone is often the first clue that someone has osteoporosis or they may notice that they are getting shorter or their upper back is curving forward.

Individuals who are experiencing height loss or their spine is curving, should talk to a doctor or healthcare professional right away as the disease may be advanced.

Some of the risk factors of osteoporosis and low bone density include:

- Over 50 years old
- Female
- Menopause
- Family history
- Low body weight or being small and thin (low BMI)
- History of broken bones
- Loss of Stature
- Low calcium or vitamin D intake

- Low fruits and vegetables intake

- Excess sodium, protein, and caffeine intake
- Inactive lifestyle
- Smoking
- Excess alcohol intake

"If you have any of these risk factors or conditions, it's a good idea to get a bone density test," said Dr. Richard Bates, ARMC Medical Group OB/Gyn Associates. "A bone density test can help determine if you have osteopenia, low bone density, or osteoporosis before you break a bone."

Bone density tests can also help predict an individual's chances of breaking a bone; see if their bone density is changing -- for the better or the worse; check if their osteoporosis medicine is working; or help find out if they have osteoporosis after they've broken a bone.

ARMC and ARMC Medical Group Orthopaedic Associates use a DEXA Scanner that has dual X-ray absorptiometry. It produces two X-ray beams, each with different energy levels and low amounts of radiation exposure that pass through the bone in order to measure it. Based on the difference between the high-energy beam and the low-energy beam, bone density is measured. Usually the DEXA Scanner focuses on two main areas, the hip and the spine, because it can predict fractures at other sites from those locations. The test is painless and only takes 10-20 minutes to complete.

Bone density tests read with T-Scores according to your bone density. A T-Score of -1.0 or higher indicates normal bone density and a

low risk of fracture; a T-Score of -1.0 to -2.5 indicates low bone mass or osteopenia; and a T-Score of -2.5 or lower indicates osteoporosis and a high risk of fractures.

"The sooner you are diagnosed with osteoporosis, just like any other disease, the more it can be managed with treatment and medication, and the less severe it may become," adds Dr. Bates.

Treatments for osteopenia and osteoporosis include:

- A healthy diet,
- Weight-bearing exercise
- Strength training
- Medication and vitamin/mineral supplements if needed.

A diet containing good sources of calcium and vitamin D is necessary to build and maintain bone mass. Exercise helps to build proper body alignment, improve posture, and improve balance to prevent falls.

Recent news reports have brought attention to calcium supplements and increase heart disease. A recent study from the National Institutes of Health suggests there is an increased risk of heart attack, stroke or other cardiovascular diseases from taking calcium supplements for men only. Other studies suggest there is an increased risk for both men and women.

To help sort through these recent findings regarding heart disease and calcium; Dr. Bates, Dr. Cornish and Cheryl Bates, registered dietitian, will present a health talk on Calcium and Heart Disease in Women on Tuesday, June 18 at noon in the ARMC theater. A light lunch will be available for \$5. To register for the program, call (989) 356-8124.

## Sucess Continued from 14A


or other natural resources firms whose results are driven by global commodity prices.

Rather than investing directly in emerging markets, a better alternative for many people is to invest in U.S. companies that do business globally. Many of these companies have brands that are household names in emerging markets, and some even earn more overseas than they do in the U.S.

In fact, a large share of the profits of the companies in the Standard & Poor's 500 Stock Index is generated out-

side the U.S. bottom line, you already enjoy substantial global diversification with U.S. stocks.

• Don't be afraid to ask for help. The ever-expanding array of alternative investments can seem overwhelmingly complex, and may require frequent and ongoing attention. Rather than trying to do it yourself, consider working with a financial professional. Getting their advice on matters critical to your financial well-being will usually make good fiscal sense.



Books in poor condition may still contain usable **illustrations** of plants, birds, insects, flowers, landscapes or other outdoor favorites. Frame them for your own home or to give as gifts. Use in making cards, scrapbooks or other craft items.

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A rose-breasted grosbeak visits Harrisville resident Peggy Cowdin's bird feeder. *Courtesy photo.*

# Study questions river sand trap strategy

**By Michael Gerstein**  
Capital News Service

Researchers based in Marquette, Mich. have potentially grave news for Michigan anglers: Hundreds of shallow basins dug into riverbeds to collect trout and salmon-harming sediment might be more like fish coffins than protectors.

After two reportedly successful experiments in the 1980s, sand traps were constructed worldwide in an attempt to save fish populations hurt by excessive sand in freshwater streams. Michigan has more than 250.

But now, researchers from the Michigan Department of Natural Resources (DNR) say they doubt whether these measures have had any benefit. In some cases, sand traps could even harm river ecosystems.

Popular species like salmon and brook trout need coarse riverbeds of gravel or small pebbles. Too much sand suffocates fish embryos, leading to a decline in the number of fish, and faced with excessive sand, an eventual ecosystem change. That means different species would take up residence,

which is bad news for anglers expecting salmon.

"Once the population of the stream is degraded, people will lose interest in fishing there," said Troy Zorn, who led the new DNR study. "If they're not fishing there, they may not buy a license, lures, hotel expenses or gas to get there. It would add up," Zorn said.

Fast-flowing rivers – like those along the snow-melt-fueled north shore of the Upper Peninsula during the spring – could have destabilized river banks if sand traps were installed, causing "potentially catastrophic effects" on the amount of sediment, Zorn said.

That would mean fewer trout and salmon in the U.P. Zorn and DNR colleague Todd Wills examined 65 sediment traps. They concluded that it was doubtful that most of them had any positive effect on fish populations.

A 2005 report examining 126 sediment traps dubbed them "successful," which the new report said was a "subjective" evaluation. That led to the traps' widespread adaptation, Zorn said.

Jill Leonard, a fish biologist at Northern Michigan University, said she hasn't seen the newest study but is familiar with the methods used to reduce sediment. She agreed that traps could have a potentially negative impact on sport fishing.

She said many Michigan riverbeds are naturally sandy, but factors like logging, lack of vegetation along the side of a river and "improper land use" all contributed to make rivers even sandier. "People are really very well-meaning. They want to do something to help," she said.

"But sometimes these are really long-term commitments. It's hard to make that judgment in the beginning, and as always, the best way to prevent damage to the stream is to prevent it in the first place."

Sand traps require a lot of maintenance, she said, and upkeep requires money that isn't there.

Leonard said the problem with habitat modifications is that they may work in one stream but not in another. But she said people do want to help river ecosystems. "People are desperate to fix it. It sounds really trite, but it's the truth."

Wills, who works at DNR's Lake St. Clair Research Fisheries Station near Mt. Clemens, Mich. said the department has scaled back construction of the traps, and discussions have been held to dissuade nonprofits and public agencies from wasting money on ineffective techniques.

Wills said the more than 250 traps across the state will naturally disappear over time. "They're going to eventually fill in, and there won't ever be any indication that they were ever there."



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## Community members gather to begin connecting the dots

By Mary Weber  
Staff Writer

Shaping the future of Alcona County was the focus of a recent Michigan State University Extension (MSUE) Alcona Regional Leadership Program titled Connecting the Dots in Alcona County.

The by-invitation-only meeting held at the Harrisville branch of the Alcona County Library included 24 business owners/managers, county commissioners, township and school officials. The keynote speaker was Vicki Seltz-Barnes, manager of Tanger Outlets in West Branch, Mich.

Topics for the interactive event included local economy, Alcona County assets, leadership in the county, the future of the county and identifying barriers and fixing them to strengthen the county.

Five different tables were set up within the library. Each table had a moderator to ask questions and write down responses. The attendees were then given 10 to 12 minutes to sit in small groups to brainstorm on the topic at hand before moving to another table with a different topic.

The table with the topic of local economy asked the question -- other than tourism, what economies are or could be emerging in Alcona County? What opportunities exist because of the local demographics or technology? and what other avenues are there for building the local economy without depending on tourism or the seasonal population?

The table with the topic of Alcona assets asked what are some of the gems in Alcona County that people overlook? How would you describe Alcona County to a potential visitor? What images come to mind? Knowing what you know about this county, what is working the best? Why is this important?

The table with the topic of leadership asked how local government can assist in supporting businesses in the county; how can local businesses assist and support local governmental leaders? How can we build upon that?

The table with the topic of the future purposed the scenario that it was 2028 and the community is vigorous, healthy and functioning beautifully, just the way you would like. What do you see, here and feel? What are people in the county saying about it? What are people outside the county saying? What is the quality of the relationships? What, in general, is better now than before? How are people behaving differently now than before?

The table with the topic of barriers asked people to identify what the barriers to connecting the dots are. What could be changed to fix the barriers? What are you will-



Members of the community pack the conference room at the Harrisville branch of the Alcona County Library for the Connecting the Dots in Alcona County program. The interactive event focused on local economy, Alcona County assets, leadership, future and barriers of Alcona County.



(From left) Mark Hitchcock from Michigan State University Extension Iosco County, Alcona County Commissioner Kathy Vichunas, Vicki Seltz-Barnes, manager of Tanger Outlets in West Branch, Mich. and Alcona County Commissioner Sheila Phillips discuss how local government assists in supporting businesses in the county during the Connecting the Dots in Alcona County interactive event. The event was organized by members of the Alcona Regional Leadership program, part of Michigan State University Extension. Photos by Mary Weber.

ing to do to make that happen?

Many positive ideas and thoughts were discussed at the tables including possibly having more bus tours to attract people to the area and working on building and marketing the natural resources.

Attendees described the county's assets as farms and agriculture, water - many lakes and rivers, communicative friendly people, safe and peaceful. The barrier table discussed the physical location limitations and the amount of federal land separating townships.

Vicki Seltz-Barnes explained the growth of West Branch, Mich. and showed samples of partnership in her community. The word Seltz-Barnes used with pride to explain those partnerships was coopertition -- a combination between cooperation and competition. "We can compete and cooperate at the same time, everybody benefits. It's a win-win situation for everyone. They are my customers and I'm their customer," Seltz-Barnes said.

She explained how West Branch enticed people to the

area and different ways to keep bringing people back. She discussed how the Sunrise Side Wine and Hops tour was a great opportunity regionally. We have a wine tasting room in West Branch, Mich., one in AuGres Mich., and one right here in Harrisville. It's a good way to promote our region because wine and hops people don't just drink. They shop, they eat, they look for places to go and places where they could build their own dream business."

Seltz-Barnes asked attendees to think about the positive things Alcona County had that other counties don't such as the national forest. "People like trees; there are a lot of people who like trees, so how can we get them up here? You have to go after the people for what you have. You really want to talk about your rec-

Continued on page 2A

### Alcona County Sheriff's Report For the Week of June 3-9, 2013

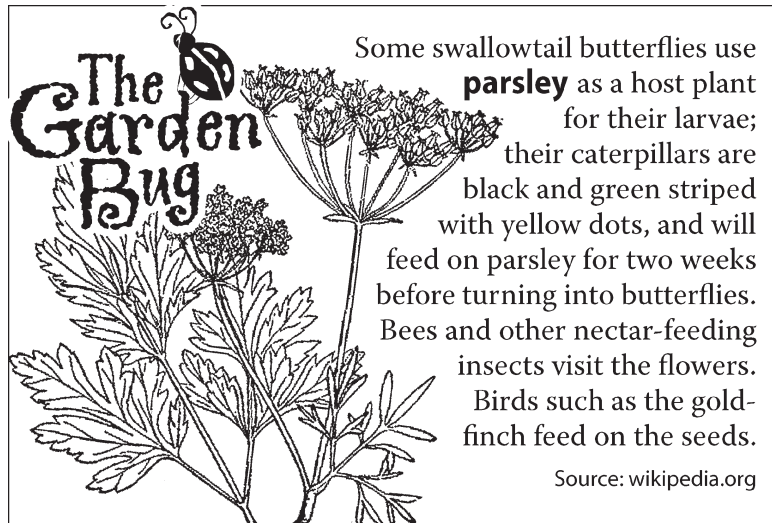
**62 complaints were handled during the week and resulted in the following: Eight arrests; 1 warrant; 2 driving while license suspended; 1 operating under influence of drugs; 2 operating while intoxicated; 1 assault and battery; 1 suspicious person; 1 possession of firearm while intoxicated; 1 sex offender registry violation.**

#### Complaint Statistics

Car/Deer Accidents	11	Property Damage Accident	3
Message/Well Being Check	2	Miscellaneous	5
Agency Assist	1	Dog/Animal	9
Traffic	4	Driving While License Suspended	2
Domestic	2	Harassment/Threats/Stalking	5
Patrol Check	1	Operate While Intoxicated	2
Operating Under Influence of Drugs	1	Warrant Arrest	1
Civil	1	Open Door	1
Sex Offender Registry Violation	1	Suspicious Vehicle/Person	1
Breaking and Entering	1	Medical	1
Personal Injury Accident	1	Assault and Battery	2
Larceny	1	Lost/Found Property	1
Noise Complaint	1	Suspicious Events	1

#### Complaints taken by City, Township or Village

Alcona	2	Caledonia	2	Curtis	4
Greenbush	12	Gustin	8	Harrisville	8
Hawes	10	Haynes	1	Mikado	5
Millen	3	Mitchell	1		
Harrisville City	5	Village of Lincoln	1		



Some swallowtail butterflies use **parsley** as a host plant for their larvae; their caterpillars are black and green striped with yellow dots, and will feed on parsley for two weeks before turning into butterflies. Bees and other nectar-feeding insects visit the flowers. Birds such as the goldfinch feed on the seeds.

Source: wikipedia.org

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**The Church Parking Lot**

**By Jim Gagnier**

Each Sunday as we sit in church  
 And listen to our pastor  
 We feel that love for all mankind  
 That makes our hearts beat faster  
 And then we shake each other's hand  
 With choir voices drifting  
 Down through our peaceful church, I must  
 Admit it's quite uplifting  
 Our hearts are filled with brotherly love  
 Ill thoughts at once suspended  
 A wave of warmth engulfs us then  
 Just as the Lord intended  
 And later when the service ends  
 As we are now adjourning  
 We nod to one another, then  
 Our hearts with love still burning  
 But as we hit the parking lot  
 To the last strains of Te-Deum  
 The scene becomes like Christians in  
 The Roman Colosseum  
 For then begins the shouting and  
 The cussing and fist shaking  
 And suddenly we find our good  
 Intentions we are breaking  
 Now tires squeal and engines roar  
 As gentlemen and ladies  
 All fight to be the first ones out  
 It's like a scene from Hades  
 I've watched this scene each Sunday now  
 And it's made me really wonder  
 Can all this be old Satan's spell  
 That each week we fall under  
 Our Christian faith may well survive  
 If we will love our brother  
 And leaving the church parking lot  
 We don't kill off each other.

*(Author's note: This piece was written years ago while I was attending one of those "big city" churches down below. This does not reflect in any way on my beloved St. Anne Catholic Church.)*

**Diabetes education program recognized by ADA**

The Alpena Regional Medical Center (ARMC) diabetes self-management education program has been awarded continued recognition from the American Diabetes Association (ADA).

The ADA Education Recognition effort, begun in the fall of 1986, is a voluntary process which assures that approved education programs have met the National Standards for Diabetes Self-Management Education Programs. Programs that achieve recognition status have a staff of knowledgeable health professionals who can provide state-of-the-art information about diabetes management for participants.

Self-management education is an essential component of diabetes treatment. One consequence of compliance with the National Standards is the greater consistency in the quality and quantity of education offered to people with diabetes.

Participants in an ADA recognized program are taught,

as needed, self-care skills that promote better management of their diabetes treatment regimen.

All approved education programs cover the following topics as needed: Diabetes disease process; nutritional management; physical activity; medications; monitoring; preventing, detecting and treating acute complications; preventing, detecting and treating chronic complications through risk reduction; goal setting and problem solving; psychological adjustment; and preconception care, management during pregnancy, and gestational management.

Assuring high-quality education for patient self-care is one of the primary goals of the ARMC. Through the support of the health care team and increased knowledge and awareness of diabetes, the patient can assume a major

part of the responsibility for his/her diabetes management. Unnecessary hospital admissions and some of the acute and chronic complications of diabetes may be prevented through self-management education.

"The process gives professionals a national standard by which to measure the quality of the services they provide," said Pari Greene, registered nurse, "And, of course, it helps consumers to identify these quality programs."

In addition to being recognized by the American Diabetes Association, the program is also certified by the Michigan Department of Community Health which allows AMRC to bill most insurance companies for education costs. For more information, call (989) 356-7337 or (800) 942-8601 or visit the website at [www.myarmc.org](http://www.myarmc.org).

**The search for state Christmas tree begins**

The search for the state of Michigan Christmas tree is under way. The state is taking nominations for the 2013 Christmas tree that will ultimately sit on the front lawn of the Capitol this November. The Department of Technology, Management and Budget (DTMB) is searching for a 65-foot spruce or fir.

DTMB partners with the Michigan Association of Timbermen and the Great Lakes Timber Professionals Association to bring the tree to Lansing. In past years, trees have been found in various locations across the state, including the far reaches of the Upper Peninsula. Last year's tree came from Jackson.

"I know it seems odd to start the search for a Christmas tree at the start of summer," said Phil Jeffery, chief deputy director for DTMB. "In order to have time to conduct the search and be ready for the lighting festivities in

November, this is when we need to start the process."

The state requires the following in order for the tree to be considered:

- Must be a spruce or a fir
- Height must be a minimum of 65 feet, with a maximum crown of 30 feet and a maximum trunk diameter of 30 inches
- Easy access from a road with no interference from wires
- Available at no cost

Nominations are requested by July 31. Individuals wishing to nominate a tree are asked to send their name, telephone number, a photograph of the tree and information about its size and location to [ChristmasTree@michigan.gov](mailto:ChristmasTree@michigan.gov), or by mail to:

Holiday Tree Search  
 Michigan Department of Technology, Management and Budget  
 Facilities Administration,  
 Building Operations Division  
 P.O. Box 30026  
 Lansing, Mich. 48909

**Connecting**

Continued from page 1B

reational resources. People are looking at the northeast side of the state more than ever before. They've done northwest Michigan and they want to get away from that rat race. There are a lot of things we (northeast Michigan) have. We need to think out of the box and consider the positive things we have in our communities," Seltz-Barnes said.

Bonnie Wichtner-Zoia, MSUE educator said, "The leadership committee was very pleased with the attendance and the outcome. It was obvious from the participant comments that they want the best for Alcona County. Now we have to take that desire and turn it into action - we've already seen some connecting the dots activities. The leadership committee will meet at the end of the month to discuss the next steps."

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# Gourmet Gone Wild brings conservation to the table

At first glance, it looks like any social mixer. The crowd, mostly in its 20s and 30s, is largely professionally dressed, chatting and enjoying food and beverages. But it's at the serving table that the

first clue that this is an unusual event presents itself. The chafing trays are labeled with dishes that you won't ordinarily see at happy hour: Tuscan venison meatballs, wild turkey mole', and

cedar-planked steelhead. Welcome to Gourmet Gone Wild, a cooperative program designed to give young urban professionals a taste of the wild side of food.

The program is sponsored by the Michigan Department of Natural Resources, Michigan United Conservation Clubs, Michigan State University Department of Fisheries and Wildlife, Boone and Crocket Club, Eagle Eye Golf

and Banquet Center and The Hal and Jean Glassen Memorial Foundation.

"We're introducing a whole new generation to natural resources and conservation through the cooking and tasting of wild game and fish," explained Jordan Burroughs, wildlife outreach specialist at Michigan State University. "They're young professionals - a niche demographic that we haven't traditionally reached out to."

Begun two years ago in Lansing, Mich., Gourmet Gone Wild is the brainchild of Burroughs and Erin McDonough, director of Michigan United Conservation Clubs. The idea is to expose the whole concept of natural resources - and stewarding those resources - to 21- to 39-year-olds who might have never had the opportunity.

"They're already holding these networking events," said Burroughs, as she helped tend the beverage station at a meeting of the Grand River Connection, Lansing's young professionals association. "We just come to their events."

Burroughs - a recent convert to hunting herself - said the concept of providing local, healthful, sustainable food parallels what's going on food-wise in society.

"It's the locavore thing," she said. "You know where your food comes from - it's hormone-free and antibiotics-free, and it's free-ranging until it's harvested. And it's gourmet food. There's nothing

# St. Joseph foundation awards nine scholarships

St. Joseph Health System (SJHS) Foundation hosted their 5<sup>th</sup> annual Scholarship Celebration on Thursday, May 30 awarding \$3,500 in awards to nine area students. Through the generosity of St. Joseph volunteers, Dr. Patrick and Kathleen Murtha and private community donors, more than \$23,500 has been gifted to 68 students since the program's inception in 2009.

The \$1,000 President's

Scholarship was awarded to Sandra Freeman, a medical assistant at St. Joseph Health System's urology clinic. Sandra has been employed with the SJHS family since 2010 and is pursuing a registered nursing degree. Two \$500 Community Scholarships were awarded to Shanna Britt and Tyler Janish, 2010 and 2013 graduates, respectively, of Tawas Area High School and Whittemore-Prescott High School. Seven \$250

Dependent Scholarships were awarded to the following graduating seniors: Emily Dombroski, Tawas; Emily Kaschner, Tawas; Matthew McArdle, Tawas; Brandy Prater, Tawas; Lauren Furtah, Au Gres; and Devin Higgins, Alcona.

Health System leaders, volunteers and community members evaluated scholarship applications from more than 20 applicants who were scored on a written personal state-

ment, letters of reference, grade-point average and extracurricular and volunteer community activities.

Tony Beran, executive director of SJHS Foundation commented, "It is always such a pleasure to celebrate with students and their families this wonderful milestone in the lives. We continue to consider it a privilege to work in partnership with our community and award gifts on behalf of the generosity of our donors."



(Left to right) Sandra Freeman, Tyler Janish, Shanna Britt, Lauren Furtah, Devin Higgins, Emily Kaschner, Brandy Prater. Not pictured: Emily Dombroski and Matthew McArdle. Courtesy photo.

Continued on page 4B



# Alcona County Review



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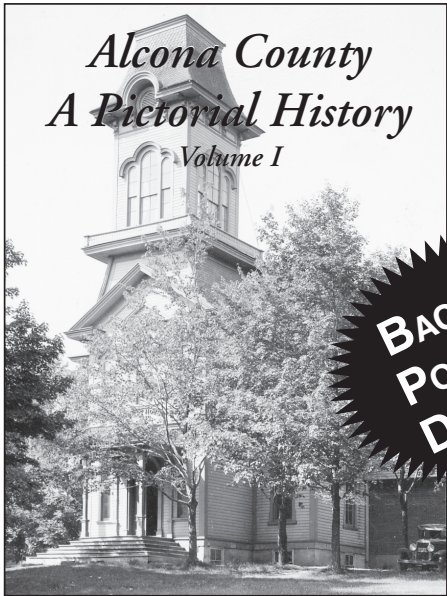
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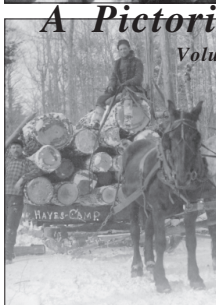
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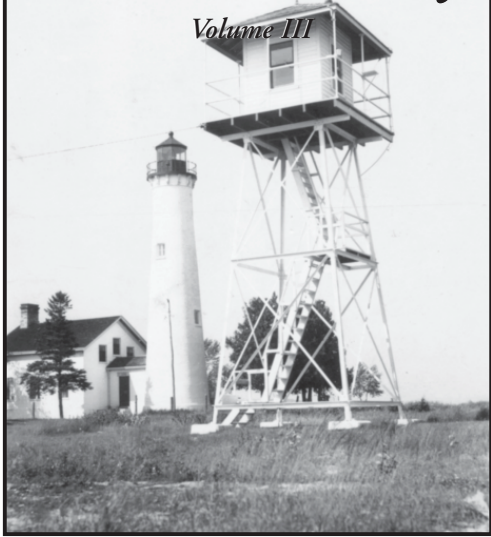
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## Table Continued from page 3B

ing wrong with a big pot of chili, but Chef Dan takes it up a notch."

Chef Dan would be Dan Nelson, the executive chef at Eagle Eye Golf and Banquet Center in East Lansing, Mich. He's been providing the food since the program began two years ago. An avid sportsman, who "always had a passion for cooking," Nelson uses game and fish that's been donated - some of the wild turkey in the mole' dish came from birds he and Burroughs harvested this spring - by sportsmen interested in showing non-hunters one of the attractions of a sporting lifestyle.

"Cooking game and fish is more difficult than standard fare," Nelson said. "The meat isn't as tender, and there's not as much fat. So preparation is key. These are lean, healthy animals that use all of their muscles. But the flavors are more intense."

Nelson, who likes to spice up his meals with wild plants - garlic mustard, morels, ramps, leeks and cattails - says wild game is a lot like fine wine. "It's a flavor profile that builds with your palate," he said. "You make it mild at first, increasingly introducing the natural game flavor."

About 75 people were on hand for a recent event in Lansing, Mich. Almost all talked about the cuisine positively. "We recently surveyed our membership, and this was one of their favorite events," said Brian Gallagher, a Lansing lawyer and vice president of the Grand River Connection. "The food's excellent - especially the venison."

Rachel Zylstra, membership chairperson of the group, who works in alumni relations at Michigan State University (MSU), especially liked the venison, though she thought the other items were "very unique."

Although she's from a family of fishermen, Zylstra said she had almost no exposure to game. "I never thought I'd ever eat these types of food," she said. "It was pretty good."

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Mary McElgum (left) and other members of a young professionals' networking group sample Michigan-harvested game and fish from the buffet at a Gourmet Gone Wild event in Lansing, Mich. The concept idea is to expose young, urban residents - who may not have had much exposure to natural resources, but may be interested in locally harvested and sustainable food sources - through wild game and fish.

A follow-up event - Gourmet Gone Wilder - will be held at MSU's Demmer Center, giving participants a chance to learn about archery. Not many expressed an interest in becoming hunters.

"I'm content with having people share (game) with me," said Alyssa Wethington, a student assistant at the Michigan Department of Transportation who says she doesn't eat commercially produced meat. "But I'm not opposed to hunting, I just wouldn't go out by myself."

Converting these folks to hunting is not necessarily the aim of the program. "We're introducing people to fish and wildlife conservation through food," said Vanessa Thurgood, who coordinates the program. "It's really cool and different."

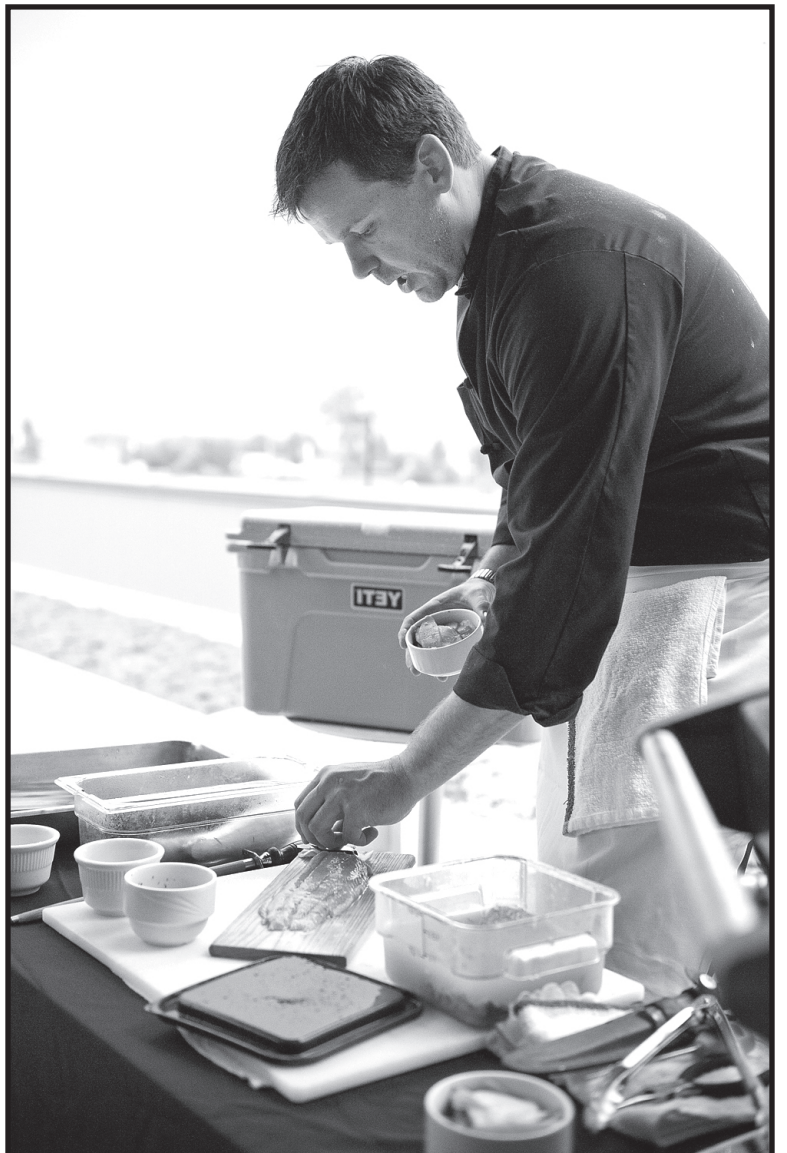
Nelson said he'd love to

convert Grand River Connection members to become sportsmen, but he's not sweating it. "If we can get even 10 percent to be interested, we'll have accomplished a lot," he said. "We'll never get this diverse of a crowd at a sportsmen's club event."

And that's the point of Gourmet Gone Wild - to introduce those who don't have mentors to the ideas of conservation and natural resources management. They don't have to hunt and fish to appreciate why others do.

To learn more, visit [www.gourmetgonewild.org](http://www.gourmetgonewild.org).

*(Editor's Note: This feature story was provided by the Michigan Department of Natural Resources as an aspect of "Showcasing the DNR" program, which promotes the importance of conservation in Michigan.)*



Chef Dan Nelson demonstrates how to prepare cedar-planked steelhead trout at a Gourmet Gone Wild event in Lansing. Nelson's wild game and fish creations help acquaint young professionals with natural resources stewardship. Photos courtesy of Michigan DNR.

# Fraud alert: Grandparent scam continues to trick people out of money

(BPT) - Imagine being woken by a phone call in the middle of the night. It's your crying grandchild, who is asking for money because of an accident. Of course you want to help your loved one, so you do whatever you can in this emergency situation. You open your wallet without hesitation.

Unfortunately you've just become a victim of a scam that is happening across the country. Known as the "grandparent scam," this type of fraud involves bogus calls from people claiming to be relatives in trouble. The personal nature and urgency of these calls causes people to let their guard down, and act quickly without verifying the validity of the call.

"Criminals often target older people, but in reality anyone of any age can be a target of a scam," said Phil Hopkins, vice president of global security with Western

## Helping pets shed weight

(BPT) - Are you killing your pet with kindness? We're not talking about the compassion that motivates to vaccinate our pets, or keep them warm in cold weather. Kindness that can be harmful to pets comes in the form of an overabundance of food and treats. The all-too-common result is a pet that becomes overweight or even obese.

A 2012 survey conducted by the Association for Pet Obesity Prevention found 52.5 percent of dogs and 58.3 percent of cats to be overweight or obese by their veterinarian. This translates to nearly 80 million dogs and cats in America with a weight problem.

Dr. George Banta, chairperson of the veterinary technology department at Brown Mackie College, Akron, Ohio and Dr. Mary Jo Wagner, attending veterinarian at Argosy University, Twin Cities, Minn. offer information for pet owners.

How can individuals tell if their pet is overweight? "It's not the number of pounds, it's how the animal carries the weight," Banta said. "The number on the Body Condition Score is more important than pounds." The Body Condition Score (BCS) offers a way to assess the condition of an animal, usually on a scale from one to five, taking into account height, weight, and relative proportions of muscle and fat.

With a little knowledge, pet owners can use sight and touch to figure their pet's general condition. "When looking down on a dog or cat from above," Banta said, "the body should slim to a discernable waist. An animal is too thin if you can see the spine or ribs; however, you should be able to feel them beneath the fur."

Continued on page 6B

Union. "With more people sharing personal information online, such as through social media websites, it's easier for criminals to learn details of personal relationships so they can imitate loved ones by name. Newspapers and obituaries are also good sources of personal information, providing detailed relationship information."

Con artists may also impersonate attorneys, police officers or bail bondsmen to create a sense of urgency and legitimacy. Add in loud background noises, muffled voices or fuzzy phone lines, and it's easy to believe someone is calling from jail or a remote location, where he or she may be in trouble.

In addition to calling victims, hackers use similar strategies to target victims through e-mail. Tapping into a person's address book, scammers send e-mails or instant messages directly from the person's e-mail account alerting friends and others of the "emergency" and requesting funds. Do not respond to the e-mail and confirm the situation by contacting the person by phone or other means.

"Awareness is the best defense against emergency scams," Hopkins said. "These scams can be convincing, but it's important to keep a few things in mind before you rush to help."

Hopkins recommended the

following tips to avoid becoming a victim of the emergency scam or other types of fraud:

- If you receive a phone call or e-mail claiming a friend or family member needs cash, take a moment to review the situation. Does it make sense? Can you verify the emergency?

- Call the person at a known telephone number, not a number given to you by the caller. Or, call a mutual friend or another relative and find out if he or she is aware of the situation.

- Let your friend or family member know that you have received a call or e-mail from the person requesting help. If the request turns out to be

fake, contact the police immediately.

- Regardless of whether you are contacted by phone, e-mail or some other means, be suspicious of requests to send money to help a friend or family member out unless you can verify the information you've been given with 100 percent confidence.

- If you did send a money transfer through Western Union, and then realize that it was for a scam, contact the Western Union Fraud Hotline at (800) 448-1492. If the transaction has not been picked up, it will be refunded.


- Never send money to someone you have not met in person.

# AREA CHURCH DIRECTORY

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**Corner of US-23 & Medor Rd., Harrisville • 724-5160**  
**9:30 A.M. SUNDAY SERVICE**


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 4260 M-72 Harrisville (2.5 miles west of the light)  
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 Pastor Christina Bright Office 736-7816


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**Church Street at Traverse Bay Road**  
 Lincoln, Mich. 48742 ~ 736-1227  
 Pastor Jacob Schwartz - Service, Sunday 9 a.m.

**ST. PAUL LUTHERAN CHURCH**  

 6891 Nicholson Hill Road, Hubbard Lake, Mich. 49747  
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 Pastor Robert L. Mikkelsen • (989) 727-2496

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 ST. GABRIEL, Black River Saturday 6:30 p.m.  
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 ST. ANNE, Harrisville Sunday 11 a.m.  
 Pastor: Fr. Robert Bissot • (989) 724-6713

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 201 N. Second at Jefferson, Harrisville  
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 Sunday evening service 6 p.m. Pastor Elmer Ash.  
 Wednesday Prayer Meeting 7 p.m.

**Haynes Community Church**  
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 E-mail: pastorlindajo@charter.net  
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**Pets** Continued from page 5B

An animal of ideal weight will also display a pelvic tuck when viewed from the side.

"Just like humans, when animals overeat, they face increased risk for health problems like diabetes, heart disease, gastrointestinal problems and cancer," Banta said. In fact, these risks also include a shortened life expectancy.

Many owners feed pets according to the manufacturer's suggested amounts; however, this instruction may not be right for pets. "These guidelines are meant to cover all animals of a certain weight range," says Wagner. "An owner must consider the age and activity level of each pet. The more active they are, the more calories they will burn in a day."

Metabolism rates vary in animals the same way they do in people. Metabolism is the body process in which food is broken down for energy; another factor that affects the amount of food a pet needs. Wagner advised owners to keep an eye on body condition to judge whether a pet is eating prop-

erly. "If your pet shows signs of being overweight, simply cut back the amount of food given at each meal. Then weigh the pet in two or three weeks to see if it has made a difference," she said.

Choosing the right food for your pet is important as well. Different brands of pet food contain varying amounts of protein, fat, carbohydrates and calories. "As a general rule, young, active dogs need high protein food," Wagner said. "Older dogs need higher fiber to keep the gastrointestinal (GI) tract moving." Ingredients listed on the package appear in descending order of volume; the first item on the list is most abundant in the food.

Most of us love to give treats, but many of us don't realize how many we offer each day. "A 40-pound dog is one quarter the size of a 160-pound person," Wagner said. "They have smaller stomachs. Look at calories in everything your pet eats. After that, it's simple math."

"Table scraps are a definite no. Zip, zilch, nada," Banta said. "They are not good for two reasons. First,

foods like chocolate, caffeine, grapes and raisins can be toxic to dogs. Second, the high fat content associated with table scraps, especially holiday trimmings, can lead to the onset of acute pancreatitis, which can be fatal."

He recommended offering a kibble of food or a carrot instead of a cookie. If you must give cookies, try breaking them in half. "Pets do enjoy treats as a reward; however, attention from you is also a reward. It's important to praise animals. In some ways, spending time with them is better than a treat," Wagner said.



Table scraps and other "human" food are not recommended for pets. *Courtesy photo.*

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# Conservation officers receive honors for lifesaving efforts

When most people hear the phrase, "conservation officer," they immediately form an image of a man or woman in uniform, measuring fish or checking a hunting license. But conservation officers are fully empowered peace officers, not only capable of – but charged with – maintaining public safety.

"We are fully certified po-

lice officers," explained Gary Hagler, chief of the Michigan Department of Natural Resources (DNR) Law Enforcement Division. "We are trained as first-responders to be able to react to any emergency situation. And we take that part of the job very seriously."

The DNR regularly honors those within its ranks who have reacted to emergency situations that might have otherwise had fatal consequences with the agency's Lifesaving Award. Recently, four officers were honored at a Natural Resources Commission meeting, and the circumstances of their actions illustrate how broad the DNR conservation officers' experience really is.

Clinton County Conservation Officer Richard Nickols was on routine patrol when he heard a 911 dispatch call for an unconscious, unresponsive person. Being nearby, Nickols responded to the call to find a woman in full cardiac arrest.

Nickols began administering CPR, along with a member of the woman's family,

until medical personnel arrived and were able to get the woman's heart started with an automated external defibrillator (AED). The woman has since made a full recovery. She later contacted Nickols and told him that her doctors attributed her recovery to his response and actions.

"A lot of times in outlying communities, our officers are the first to respond to emergency and medical situations," Hagler said. "Our officers are fully trained in first aid and CPR, so they know what to do when they get there."

It's the police officer's instinct of knowing when something just doesn't look right that caused C.O. Jeff Ginn of Newaygo to respond to a situation that saved a young woman's life.

While checking on some fishing activity, Ginn noticed a vehicle that was backed into a campsite and idling with its lights on. When he pulled in for a closer look, Ginn saw a dryer vent hose from the vehicle's exhaust pipe taped and sealed to the

Continued on page 8B



DNR C.O. Richard Nickols' quick response to a medical emergency led to a complete recovery for a heart-attack victim.



DNR C.O. Jason Wicklund's determination resulted in finding a lost senior citizen at 3 a.m. in an Upper Peninsula snowstorm.



DNR C.O. Jeff Ginn's powers of observation helped him prevent a death from asphyxiation in Newaygo County.



DNR C.O. Troy VanGelder's knowledge of the swamps of Oceana County helped him find and rescue a helicopter crash victim.

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# Lifesaving Continued from page 7B

vehicle's passenger window. Ginn immediately called for emergency medical personnel, gained entry to the vehicle, shut off the ignition and removed a semiconscious female from the vehicle. Ginn administered first aid until EMS arrived.

"Had C.O. Ginn not been diligent with his patrol efforts, there's no doubt this situation would have had a very different ending," Hagler said.

In rural areas, conservation officers are often best-suited to respond when someone turns up missing, be-

cause they have the equipment and training to get around in the woods. Such was the case in Iron County last December when an 89-year-old man, who went out to cut a Christmas tree, failed to return home.

C.O. Jason Wicklund responded to the call and joined a deputy sheriff with the snow falling heavily. The pair located a freshly cut tree, but could not track which direction the man had gone from there. A 90-minute search by a canine unit failed to turn up the missing person.

Wicklund and the deputy,

however, refused to give up and searched well into the night in single-digit temperatures, until, at 3 a.m., they found fresh tracks. The tracks led to the missing man, who had cuts on his hands and face and was bleeding heavily.

Wicklund had to hike back to his four-wheel-drive truck, return to the man, and drive him to a location where an ambulance could pick him up. The man recovered from his injuries.

"Our officers have the equipment - boats, snowmobiles, ORVs - that many other officers don't have access to,"

Hagler said. "We will respond anywhere."

DNR conservation officers also often have a better knowledge of the landscape than anyone else, a factor that played into Troy VanGelderens' Lifesaving Award.

VanGelderens responded to a reported helicopter crash in Oceana County's Tanner Swamp. Using coordinates supplied by central dispatch - obtained from a cell phone signal - VanGelderens crossed streams and waded through standing water to reach the crash site.

Although the pilot was dead, VanGelderens found a semiconscious passenger suffering from multiple broken bones and a severe laceration. As the survivor was slipping into shock, VanGelderens administered first aid and stayed with the victim for several hours until he could help direct additional rescue personnel to the scene.

"Many of our officers know the countryside they patrol well enough that they can negotiate their way through vast tracts of wild land," Hagler said. "If not for officer VanGelderens' knowledge and his ability to locate the crash site in a timely manner, this might have been a two-fatality crash instead of just one."

*(Editor's Note: This feature story was provided by the Michigan Department of Natural Resources as an aspect of "Showcasing the DNR" program, which promotes the importance of conservation in Michigan.)*



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## Alcona Review Weather Report June 12, 2013


### Seven Day Forecast




**WEDNESDAY**  
Mostly Sunny  
High: 67 Low: 48




**THURSDAY**  
Mostly Sunny  
High: 69 Low: 52




**FRIDAY**  
Sunny  
High: 65 Low: 49




**SATURDAY**  
Sunny  
High: 68 Low: 54



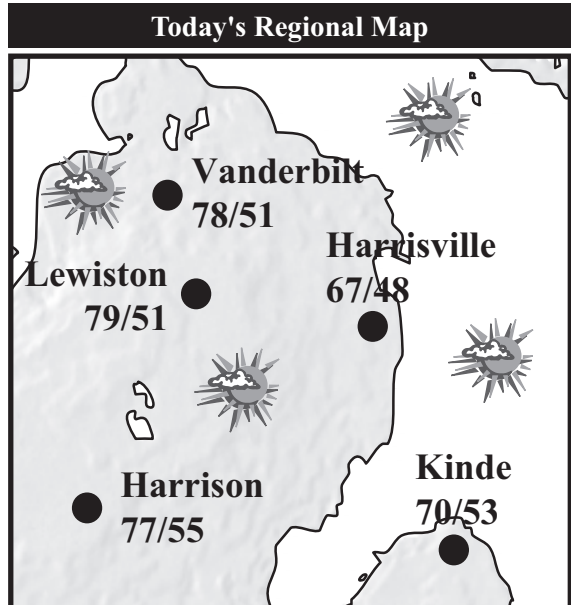
**SUNDAY**  
Partly Cloudy  
High: 70 Low: 57



**MONDAY**  
Partly Cloudy  
High: 73 Low: 55



**TUESDAY**  
Partly Cloudy  
High: 71 Low: 52



### In-Depth Local Forecast

Today we will see mostly sunny skies with a high temperature of 67°, humidity of 60%. Light winds. The record high temperature for today is 97° set in 1956. Expect partly cloudy skies tonight with an overnight low of 48°. East wind 5 mph. The record low for tonight is 33° set in 1958. Thursday, skies will be mostly sunny with a high temperature of 69°.


*Last Week's Almanac				
Date	Hi	Lo	Normals	Precip
Monday	64	37	71/45	0.00"
Tuesday	68	37	71/46	0.00"
Wednesday	64	50	71/46	0.00"
Thursday	65	48	71/46	0.00"
Friday	67	39	72/47	0.00"
Saturday	70	44	72/47	0.00"
Sunday	73	42	72/47	0.00"

\*Data as reported from Alpena, MI

### Local Sun/Moon Chart This Week

	Day	Sunrise	Sunset	Moonrise	Moonset	
First 6/16	Wednesday	5:47 a.m.	9:19 p.m.	9:33 a.m.	11:46 p.m.	Last 6/29
	Thursday	5:47 a.m.	9:19 p.m.	10:32 a.m.	Next Day	
	Friday	5:47 a.m.	9:20 p.m.	11:33 a.m.	12:15 a.m.	
Full 6/23	Saturday	5:47 a.m.	9:20 p.m.	12:35 p.m.	12:42 a.m.	New 7/8
	Sunday	5:47 a.m.	9:21 p.m.	1:39 p.m.	1:09 a.m.	
	Monday	5:47 a.m.	9:21 p.m.	2:46 p.m.	1:36 a.m.	
	Tuesday	5:47 a.m.	9:21 p.m.	3:54 p.m.	2:06 a.m.	


### Local UV Index



0	2	3	4	5	6	7	8	9	10	11+
---	---	---	---	---	---	---	---	---	----	-----

UV Index  
0-2: Low, 3-5: Moderate,  
6-7: High, 8-10: Very High,  
11+: Extreme Exposure

### National Weather Summary This Week



The Northeast will see partly cloudy skies and scattered thunderstorms, with the highest temperature of 96° in East St. Louis, Ill. The Southeast will experience mostly clear to partly cloudy skies, with the highest temperature of 99° in Lawson, Ga. The central United States will see mostly clear to partly cloudy skies and a few thunderstorms, with the highest temperature of 105° in Wink, Texas. In the Northwest, there will be scattered showers and thunderstorms, with the highest temperature of 90° in Torrington, Wyo. The Southwest will see mostly clear to partly cloudy skies, with the highest temperature of 111° in Gila Bend, Ariz.

### Tonight's Planets

	Rise	Set
Mercury	7:33 a.m.	11:05 p.m.
Venus	7:11 a.m.	10:49 p.m.
Mars	4:59 a.m.	8:14 p.m.
Jupiter	6:12 a.m.	9:38 p.m.
Saturn	5:04 p.m.	3:45 a.m.
Uranus	2:36 a.m.	3:13 p.m.

### Weather History

**June 12, 1947** - A heavy, wet snow blanketed much of southern and central Wyoming and gave many places their heaviest and latest snow of record. Totals included 18.4 inches at Lander, 8.7 inches at Cheyenne and 4.5 inches at Casper.

### Weather Trivia

Who first explained rainbows?

?

Answer: Theodorich, a monk, explained the reflection and refraction process in 1304.

[www.WhatsOurWeather.com](http://www.WhatsOurWeather.com)

### StarWatch By Gary Becker - Planetary Dance Continues

The astronomical story of this week still focuses on the WNW as Mercury and Venus play in the bright twilight of late spring evenings. Mercury remains in the lead all week, but if you watch it from night to night, it will begin to slow in its motion as it shortly begins its trek towards the sun. It is farthest from the sun on June 24 when it is at its greatest angular distance east of the sun, but its altitude and brightness will have decreased substantially by that time. Even during the week of June 9, binoculars are strongly recommended to see Mercury clearly. Go outdoors about 45 minutes after sundown and look towards the WNW in the same area of the sky as sunset. The most important consideration will be an unhindered western horizon. Venus should be easily seen with just the eye, even during hazy conditions. During the first few days of the week, view Venus using binoculars. Then scan less than one full field of view to the left and above Venus to spot much fainter Mercury. Monday and Tuesday, June 10/11, bring a thin waxing crescent moon with plenty of earthshine to add luster to the dimming twilight hour. The moon will be to the left of Mercury and Venus. As the week unfolds, Venus and Mercury will be closing on each other. Mercury will appear to be circling counterclockwise around Venus by the end of the week. The week of June 16 positions Venus and Mercury less than three degrees apart, and this close twirl continues through the summer solstice, June 21, as Mercury dips below Venus and heads towards the horizon. On June 19, both planets are nearly horizontal to the horizon. Mercury will be to the left of Venus and less than two degrees apart, an easy view through binoculars, especially because of Venus' brightness. By the onset of the week of June 23, Mercury exits the scene leaving only Venus as the sole guardian of the west after sundown. [www.astronomy.org](http://www.astronomy.org)

### Weekly SUDOKU

Answer

9	5	1	8	3	6	4	7	2
7	6	8	4	5	2	9	1	3
3	4	2	1	9	7	6	8	5
6	2	7	5	8	9	1	3	4
1	9	3	7	2	4	5	6	8
5	8	4	6	1	3	7	2	9
2	1	9	3	7	5	8	4	6
8	3	6	9	4	1	2	5	7
4	7	5	2	6	8	3	9	1

### Super Crossword

Answers

SCH	ATT	IRRES	AOKAY	SPA
ORA	IRON	IST	NUVEVE	TUB
DEV	LIN	ABLUE	DRESS	ORB
AMEN	OOF	REIGN	ERGO	
PONCA	FULL	METAL	JACKET	
ONEONE	ROE	NYACK		
PIARDON	MYSI	ARONG	SLOSHY	
EST	NORI	EMU	MIA	
BIB	MORAL	BIKINI	BEACH	
ENLAI	LOWES	STN	ASK	
THEMAN	WITH	ONERED	SHOE	
OSE	OAT	ANNIE	ITURN	
PUSIN	BOOTS	PAWAT	PYE	
USE	RAE	OVEN	ONCD	
BEDLAM	THECAT	INTHE	HAT	
ANEAR	TAR	SENORS		
THES	ISTER	HOOD	OF	RAMIE
RANT	HAUER	NUI	DIET	
ARE	THETRA	VELING	PANTS	
ISM	SANTA	AMENDER	ETE	
THY	ELLSOL	LONGSTO	MAS	

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## TRIVIA TEST

### By Fifi Rodriguez

1. **U.S. STATES:** What is the capital of Kentucky?
2. **GENERAL KNOWLEDGE:** What is a luge?
3. **BIBLE:** Which biblical character was swallowed by a whale?
4. **TELEVISION:** What was the professor's name on "Gilligan's Island"?
5. **LITERATURE:** What Shakespearean character speaks the line, "Thus with a kiss I die"?
6. **FAMOUS QUOTES:** Who once said, "Always go to other people's funerals, otherwise they won't come to yours"?
7. **MUSIC:** What does the musical term "lento" mean?
8. **ANIMAL KINGDOM:** What color is a robin's egg?
9. **LANGUAGE:** What is the French name for the English Channel?
10. **GEOGRAPHY:** In what country can the ancient site of Machu Picchu be found?

**Answers:** 1. Frankfort; 2. A racing sled; 3. Jonah; 4. Roy Hinkley; 5. Romeo, "Romeo and Juliet"; 6. Yogi Berra; 7. Slow tempo; 8. Blue; 9. La Manche; 10. Peru. (c) 2013 King Features Synd., Inc.

## Super Crossword

### FASHIONABLE FILMS

- |   |   |   |   |  |   |
|---|---|---|---|--|---|
| <p><b>ACROSS</b></p> <p>1 Learning ctr.</p> <p>4 Puts garments on</p> <p>11 Jim-dandy</p> <p>16 Place for a jacuzzi</p> <p>19 Man-mouse middle</p> <p>20 One using twisted humor</p> <p>21 Spanish for "nine"</p> <p>22 Bath fixture</p> <p>23 1995 Denzel Washington neo-noir film</p> <p>26 Round figure</p> <p>27 Church shout</p> <p>28 Comic punch response</p> <p>29 Royal rule</p> <p>30 Thus — City, Oklahoma</p> <p>33 1987 Stanley Kubrick war film</p> <p>38 Low tie score</p> <p>40 Wade's rival</p> <p>41 New York village on the Hudson</p> <p>42 1942 Abbott and Costello comedy</p> <p>47 Like liquid splashing</p> <p>51 This, in Peru</p> | <p>52 "Me neither"</p> <p>53 Ostrich's kin</p> <p>54 Actress Sara</p> <p>55 Din-din wear</p> <p>58 Ethical</p> <p>61 1964 Avalon/Funicello musical comedy</p> <p>64 China's Chou</p> <p>66 The Home Depot rival</p> <p>68 RR bldg.</p> <p>69 — for trouble</p> <p>70 With 73-Across, 1985 Tom Hanks comedy</p> <p>73 See 70-Across</p> <p>77 Suffix with malt</p> <p>78 Grain morsel</p> <p>79 Owner of the dog Sandy</p> <p>81 "Who can — to?"</p> <p>82 1988 Christopher Walken children's comedy</p> <p>85 Maul lightly</p> <p>88 — -dog (stray cur)</p> <p>89 Resort to — Dawn</p> <p>90 — Dawn Chong</p> <p>91 Broiling spot</p> <p>93 One way to store data</p> | <p>95 Total chaos</p> <p>97 2003 Mike Myers comedy</p> <p>103 Lend — (be attentive)</p> <p>105 Black goop</p> <p>106 Madrid misters</p> <p>107 With 121-Across, 2005 dramedy with four lead actresses</p> <p>114 Silklike fabric</p> <p>115 Talk wildly</p> <p>116 "Sin City" actor Rutger</p> <p>117 Rapa — (Easter Island)</p> <p>119 Lose flab</p> <p>120 "How — you doing?"</p> <p>121 See 107-Across</p> <p>126 Belief suffix</p> <p>127 Cupid's boss</p> <p>128 Bill modifier, e.g.</p> <p>129 Summer, in Aix</p> <p>130 Your, biblically</p> <p>131 Spanish for "the sun"</p> <p>132 Really wishes one could</p> <p>133 Mates of pas</p> | <p><b>DOWN</b></p> <p>1 Fizzy drink</p> <p>2 City in Italy</p> <p>3 New — (certain Connecticut resident)</p> <p>4 Feel malaise</p> <p>5 Small combo</p> <p>6 Like a — bricks</p> <p>7 Totally raging</p> <p>8 Cut of meat</p> <p>9 Subj. for some aliens</p> <p>10 — und Drang</p> <p>11 "— came to pass ..."</p> <p>12 The Little Rascals</p> <p>13 With acuity</p> <p>14 Colorado NHLers</p> <p>15 "Affirmative"</p> <p>16 Baby bird?</p> <p>17 Cleanse</p> <p>18 Top monk</p> <p>24 Encrypted</p> <p>25 Wide foot-wear spec</p> <p>30 Marc of fashion</p> <p>32 Inability to smell</p> <p>34 L.A. part</p> <p>35 Show bias</p> <p>36 Pale yellow</p> <p>37 "I met her in — down in old Soho" ("Lola" lyrics)</p> | <p>39 Within: Prefix</p> <p>43 Injure</p> <p>44 Judicial garb</p> <p>45 Prayer</p> <p>46 Ending for beat</p> <p>48 Major wreck</p> <p>49 Smoking wood</p> <p>50 Slangy affirmative</p> <p>53 —'acte</p> <p>55 Vegas stake</p> <p>56 Done by its own staff</p> <p>57 Sanctified</p> <p>59 Bush nominee</p> <p>60 Whole bunch</p> <p>62 "— bad moon rising"</p> <p>63 Dawnward</p> <p>65 Spy Aldrich</p> <p>67 "— you been up to?"</p> <p>71 Unfamous folks</p> <p>72 "... gyre and gimble in the —": Carroll</p> <p>74 Pinch lightly</p> <p>75 Excavating machine</p> <p>76 Propyl ender</p> <p>80 Tiny div. of a minute</p> <p>82 Soho saloon</p> <p>83 Tehrani, e.g.</p> <p>84 Cry of delight</p> | <p>86 Got the title</p> <p>87 Social pests</p> <p>92 Alliance since '49</p> <p>94 "Don't mention it," in Durango</p> <p>96 Concluding</p> <p>97 Give, as a free meal</p> <p>98 Small amount</p> <p>99 Laundry job</p> <p>100 Ad — attack</p> <p>101 Short opera piece</p> <p>102 Frightful flies</p> <p>104 Greek capital</p> <p>107 Idiosyncrasy</p> <p>108 Stringent</p> <p>109 Hostile party</p> <p>110 Backwoods</p> <p>111 "Isn't — bit like you and me?" (Beatles lyric)</p> <p>112 1955-67 Arkansas governor</p> <p>113 Faubus</p> <p>113 Subsidizes</p> <p>118 "— the idea"</p> <p>121 Lao- —</p> <p>122 "2001" name</p> <p>123 Rock genre</p> <p>124 Barry or Deighton</p> <p>125 Big-league</p> |
|---|---|---|---|--|---|

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### STRANGE BUT TRUE

By Samantha Weaver

- It was American industrialist Henry Ford who made the following sage observation: "Whether you think that you can, or that you can't, you are usually right."
- It took Leonardo da Vinci four years to complete his iconic painting the "Mona Lisa."
- If you're planning a trip to the United Kingdom this summer, you might want to add a side trip to Llanfair in Wales. The town's Welsh name is anfairpwllgwyngyllgogerychwyrndrobwllllantsiliogogoch, which means, roughly, "Saint Mary's Church in a hollow of white hazel, close to a whirlpool and Saint Tysilo's Church and near a red cave." The sign at the railway station that has the town's name is 20 feet long.
- The next time you're aviating in Alaska, keep in mind that in that state it's illegal to view a moose from the window of any flying vehicle.
- What's in a name? Well, a great deal, it would seem -- at least according to those trying to make it big. Joan Crawford was born Lucille La Sueur, Roy Rogers was Leonard Slye, and Dean Martin was Dino Crocetti. Issur Danielovitch (wisely) changed his name to Kirk Douglas, and Archibald Leach decided he preferred to become famous as Cary Grant.
- Before 1948 on the island of Bermuda, cars were forbidden.
- You might be surprised to learn that the cowboy hat was not as widespread in the Old West as might be assumed from watching old movies. The most popular headwear on the frontier was the bowler hat. The bowler had the advantage of stability; it wouldn't blow off in high winds. It was worn by Bat Masterson, Billy the Kid, Black Bart and Butch Cassidy.

Thought for the Day: "The only way to get rid of a temptation is to yield to it." -- Oscar Wilde  
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### MOMENTS IN TIME

#### The History Channel

- On June 29, 1613, the Globe Theater, where most of Shakespeare's plays debuted, burns down. The Globe was a round wooden structure with a stage at one end, and covered balconies for the gentry. The galleries could seat about 1,000 people, with room for another 2,000 "groundlings," who could stand around the stage.
- On June 24, 1803, Matthew Thornton, one of New Hampshire's delegates to the second Continental Congress, dies at age 89. Because he did not arrive in Philadelphia until September, he missed the initial approval of the Declaration of Independence, but later added his signature to the document.
- On June 26, 1911, athlete Mildred "Babe" Didrikson is born in Port Arthur, Texas. At the 1932 Olympics in Los Angeles, Didrikson won gold medals in the javelin and 80-meter hurdles. She had qualified for five events, but women were restricted to three events at the Olympics.
- On June 28, 1928, a 26-year-old Louis Armstrong and his Hot Five fellow jazz instrumentalists record a song called "West End Blues." The technology didn't allow for playback, so when Armstrong and his Hot Five ended their session, they hadn't even heard the recording that is recognized as a critical influence, even on rock 'n' roll.
- On June 30, 1936, Margaret Mitchell's "Gone With the Wind" is published. While recovering from a series of injuries, Mitchell began writing the story of an Atlanta belle named Pansy O'Hara. A publishing company later convinced her to change the name to Scarlett.
- On June 25, 1950, armed forces from communist North Korea smash into South Korea, setting off the Korean War. The United States sprang to the defense of South Korea and fought a bloody war for the next three years. More than 55,000 American troops were killed in the conflict.
- On June 27, 1976, a factory storekeeper in Sudan becomes ill and dies five days later, marking the beginning of the first Ebola virus epidemic. By the time the epidemic was over, 284 cases were reported. Scientists still do not know what causes the disease to return or how to cure it.

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## Weekly SUDOKU

by Linda Thistle

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Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ★★ ★**

★ Moderate   ★★ Challenging  
★★★ HOO BOY!

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# CLASSIFIEDS

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Boxed ads are \$5 per column inch.

Ads and payment must be received by 5 p.m. Monday.

**Call 989-724-6384**

## VILLAGE OF LINCOLN MINUTES

The Lincoln Village Council met on Monday, June 3 at 7 p.m. at the village hall. The meeting opened with the "Pledge of Allegiance." Those in attendance included: President Jordan, treasurer Kossa, clerk Somers, council members Gauthier, Healy, Naylor, Phillips, Somers and Stutzman. Several guests were also welcomed. Attorney Cook was absent. The minutes of the May meeting were approved on a motion from Gauthier, with support from Stutzman.

The treasurer's report was approved subject to audit on a motion from Gauthier, with support from Stutzman. Regarding the book of minutes that Mary Kossa had inquired about fixing, it's finished at a cost of \$85. Also, Carol Luck, librarian, would like to have it scanned/digitized to be placed at the main branch for everyone to enjoy. Mary also addressed the issue of checks and the misconception of where and when to pick them up. Jordan asked for a committee to be formed to write a policy regarding payroll procedures. A motion was made by Healy, with support from Gauthier, to write a policy for payroll procedures. Kossa, Gauthier and Healy offered to sit on that committee.

Gary Bartow of Fleis & Vandenbrink Engineering addressed the council regarding a possible grant for work on the sewer and storm drains. Mr. Bartow had contacted President Jordan regarding the possibility of applying for a grant that would cover up to 100 percent of the funding needed to install an updated sewer system. Funds could possibly be available in the fall of 2013. Depending upon the village being classified as a disadvantaged community we could qualify for 100 percent funding. If we do not get any grant funds there would be no charges. A motion was made by Gauthier, with support from Somers, to allow Fleis & Vandenbrink to collect necessary data and fill out the application on behalf of the Village of Lincoln. Motion carried.

In public comment, Evelyn Good presented the DDA budget to the council for approval. A motion was made by Gauthier, with support from Healy, to approve the DDA budget for 2013-2014. Motion carried. DDA Budget follows:

Income	
Estimated balance from 2013	<b>\$117,500.00</b>
	\$117,500.00
Interest	\$ 50.00
Land Contract	\$ 1,000.00
TIFFA Alcona County	\$ 47,370.00
TIFFA Gustin Township	\$ 6,780.00
TIFFA Gustin Twp. Fire Millage	\$ 9,820.00
TIFFA Village of Lincoln	<u>\$ 74,435.00</u>
Subtotal	\$139,455.00
TIFFA Passthrough	
Hunt Program	\$ 1,432.00
Library	\$ 4,910.00
Gustin Township Road	\$ 19,875.00
ACCOA	\$ 4,880.00
Ambulance	<u>\$ 9,820.00</u>
Subtotal	\$ 40,917.00
Total income	\$297,872.00
Expenses	
Administrative	\$ 500.00
Beautification	\$ 2,000.00
DDA Consultant	\$ 24,000.00
Economic Development	\$ 63,200.00
Financial Audits	\$ 2,500.00
Fire Department	\$ 1,200.00
Legal Fees	\$ 500.00
Membership Per Diem	\$ 3,600.00
Village Administrative Fee	<u>\$ 20,000.00</u>
Subtotal	\$117,500.00
Passthrough Reimbursements	
Hunt Program	\$ 1,432.00
Library	\$ 4,940.00

Gustin Twp. Road	\$ 19,875.00
ACCOA	\$ 4,880.00
Ambulance	<u>\$ 9,820.00</u>
Subtotal	\$ 40,917.00
Total expenses	\$158,417.00
Fund balance	<b>\$139,455.00</b>

Joan Toombs stated that some of the flowers have been pulled up in the planters downtown. President Jordan stated there have been problems with garbage and general vandalism. He wants it to be known that there is a "zero tolerance" policy being enacted. Offenders will be asked to leave the premises and any damage will have to be reimbursed. President Jordan stated the beautification committee has done a wonderful job with the flowers downtown. Kirk Belt addressed several issues including sewer identification pipes. Kathy Putsky stated she attended the Memorial Day ceremony recently and noticed that the POW flag is very tattered. President Jordan asked that two new flags be purchased immediately. This year's ceremony was done on a small scale and he anticipates that next year it will be better planned. Sara Healy offered to help plan next year's ceremony. There are several flower boxes that need to be moved and planted. Dick will take care of it.

Leroy Hall, fire chief, stated this has been a busy month for first responder calls. Thankfully, with the rain, the fire danger is down. President Jordan asked that the fire hall/storage area be cleaned up. The group intends to put in racks for turnout gear. Healy questioned where we are in regard to putting together an emergency plan that includes a generator. Leroy stated he has not found any grants available that would cover the cost of a generator. President Jordan asked the fire department continue to pursue this issue and find available equipment.

Somers gave his sewer report. Two bids were received for the Alger Street project. Only one bid was sealed and therefore was the only bid that could be considered. A motion was made by Phillips, with support from Naylor, to reject the unsealed bid. Motion carried. The bid that was opened was for \$26,560 from Everett Goodrich Trucking. A motion was made by Phillips, with support from Stutzman, to accept the bid from Everett Goodrich trucking. Motion carried.

A discussion was held regarding the possibility of selling the lawn mowers the village owns. An appraisal needs to be done and then sealed bids need to be accepted. It was agreed that council members and their family members will not be allowed to bid on the equipment. Phil Phillips and Phil Naylor will look into the issue and report back at the next meeting.

In old business, Phil Phillips presented information about a pet cleanup station. The cost is \$119 for the kit that includes the pole, bags, a sign, et cetera. It was suggested that we invest in one of the packages and consider buying more at a later date. Phillips will order one of the units and report back at the next meeting. Gauthier reported she has been in contact with Josh Pagels regarding the new ball field. The combined total of funds available for the project is \$2,500. We need approximately \$7,621 to purchase the materials for the fence and backstop, et cetera.

It was noted that since we do not have \$5,100 to devote to completing the project, we will need to get the coaches involved if this is to be finished. Gauthier suggested doing the project in phases.

Bonny will get some prices and report back at the next meeting. Bonny also stated someone has done fire damage at the playground on one of the pieces of equipment. She will see what can be done and whether to contact the insurance carrier. She has also contacted the ball players regarding a no camping policy in Barlow Road Park during the summer tournaments. She asked about the trailers on Traverse Bay. Zoning administrator Troy Somers will look into it. In new business, Somers presented paperwork regarding striping of village roadways. It will be put out for bids. Naylor stated the blacktop at the Masonic Hall needs to be repaired along the ditch line. Jordan said the road commission is already aware of it and will be working with Dick to take care of it as soon as possible.

President Jordan gave his report. He thanked council members for cleaning up the roadway along Barlow Road. He asked that something be done to resolve the issues of deliveries that are being taken to the hall and having to be returned because no one is there to accept the order. The sealer for the playground has arrived. It will probably not get applied this month as there are several more things that need to be done. There was another accident at the maintenance shop this week. A committee consisting of Phillips, Healy and Jordan will meet to investigate this accident.

The barbeque grills are ready to be installed. Jordan will work with Phil Phillips to get them put in this month. Dick did a nice job cleaning up the beach area. It needs to be checked daily for debris/garbage. The dock/swim platform will be put in soon. Eric Monnier has joined the beautification committee and Jordan said he is a real asset already.

Jordan asked to have three or four metal coffee cans put at the beach for cigarette butts. Jordan asked to have sewer identification markers finished before the next meeting. If it is not done no funds will be paid to the sewer administrator.

A motion was made by Stutzman, with support from Gauthier, to put the delinquent people that are on the sewer system on the tax roll and pass the following resolution: Be it resolved on a request from the village treasurer received and filed that these accounts including penalties are unpaid.

Lincoln Truck & SUV	052-000-023-005-00	\$273.35
Lenny Bobick	052-000-023-005-01	\$273.35
Mary Ross	052-000-024-002-00	\$273.35
Heather's House of Hair	052-000-031-001-02	\$273.35
Durfee's Restaurant	052-000-024-001-02	\$1,045.56
Rifenbark Property	052-000-027-002-00	\$273.35

A motion was made by Gauthier, with support from Stutzman, to donate \$200 to the City of Harrisville for the July 6 fireworks. Motion carried.

A motion to pay the bills as presented was made by Stutzman, with support from Naylor. Motion carried. Motion to adjourn by Healy, with support from Gauthier. Motion carried.

Linda K. Somers  
 Village Clerk

# Don't let down your guard

Dollars And Sense  
 By David Uffington

Some new reports say segments of the economy are springing back. Others aren't so positive. Depending where you read:

- Consumer attitudes are better than they've been in the past five years.
- Fewer people say that jobs are hard to get.
- Home prices are going up because there are more people trying to buy.

Or:

- People are now feeling the results of the increased payroll tax and the bigger bite out of paychecks, and retail sales have fallen.
- Consumer confidence is falling.
- More people expect the unemployment rate to stay high.

How are things at your house?

If things are better for you, that's great, but don't let down your guard. Take our collective experiences of the past few years, and don't make assumptions that the economy is going to continue to get better, if indeed it is. Here are some suggestions:

- Watch the small expenditures, because they add up. If you've gone back to buying morning coffee out, calculate what you spend in a year. Use the public library instead of buying books on Amazon. Decide whether you need all those cable channels. Put a filter on your faucet instead of buying bottled water.
- Pay down your credit cards. Once one is paid off, either put that money on another payment or put it in

savings every month. After your cards are paid off, save, save, save every dollar you can. Don't cancel the cards, however, because that will lower your credit score.

- Don't make credit card purchases unless you know you can pay off the balance in three months. Consider whether you can instead save the money in three months and pay cash instead.
- Consider whether service work on your vehicle will keep it running a bit longer, instead of buying a new one.
- Review your tax deductions to make sure you don't get a big refund at the end of the year. Getting a refund means you've given an interest-free loan to the government.

Do you hear a note of caution in all this? No matter what "consumer confidence" poll you read, you can find one that says the opposite.

Yes, it might give the economy as a whole a boost if millions of people run out and spend, spend, spend. But you're not responsible for the economy. You're only responsible for your home and family.

And being cautious about spending is still the way to go.

*David Uffington regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Send email to columnreply2@gmail.com.*

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## Speedier VA claims

Veterans Post  
 By Freddy Groves

Why would a veteran not send in all supporting evidence at the time of filing a claim with the Department of Veterans Affairs? Apparently it happens, because to help get faster decisions, the VA now is setting up a new initiative, and a new acronym: FDC, for Fully Developed Claim.

Until now, you've had a choice of different types of claims: Original Disability, New Disability, Reopened Disability, Increased Disability, Secondary Disability and Special. Each has different requirements and evidence.

Now veterans can "simply submit all required records and documentation at the time they make their claim and certify that they have no further evidence," according to the VA website. Veterans Service Officers with the American Legion and Disabled American Veterans will provide assistance.

It sounds good: The FDC is an "effective way to ensure a Veteran's claim never reaches the backlog," says the VA, and can cut in half the time it takes to process a claim.

Meanwhile, the VA has begun to prioritize claims. Veterans whose claims have

been sitting for more than a year have been given provisional decisions so they can begin collecting compensation. They have one year to submit additional information. Additionally, overtime has been mandated to process claims for homeless veterans, the terminally ill, former prisoners of war, Medal of Honor recipients -- and the Fully Developed Claims.

For step-by-step instructions on creating a FDC, go online to [www.benefits.va.gov/fdc/](http://www.benefits.va.gov/fdc/) and follow the walkthrough link on the right.

Best bet: File electronically at [eBenefits.va.gov](http://eBenefits.va.gov). If you need to do it by paper, you'll need VA Form 21-526EZ, available at your VA regional center. Call 1-800-827-1000 to get started and to find the location of your nearest accredited Veterans Service Officer (VSO) to help with your claim.

*Freddy Groves regrets that he cannot personally answer reader questions, but will incorporate them into his column whenever possible. Send email to columnreply2@gmail.com.*

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## REAL ESTATE

Two side by side lots in the City of Harrisville. Size 66 feet x 165 feet, \$2500.00 each by owner (989) 724-7295

Home for sale near beach. Three bedroom, two bath, new roof, kitchen, et cetera. Private area, club house on Cedar Lake. \$89,000. (989) 820-8313 or (989) 820-0033.

## SALES

Faith Lutheran Church rummage and bake sale, Friday, June 14 and Saturday, June 15, 9 a.m. to 5 p.m.; 3395 East M-72, Harrisville (on M-72 between Barlow and Coville Roads.)

Moving/downsizing sale, 140 South Stockton Road. Some furniture, camping, hunting items, bedding, collector Tom Clarke figurines, wall décor and items too numerous to list. Hours 10 a.m. - 5 p.m., June 14, 15 and 16.

Garage sale, 2410 Lake Shore Drive, Harrisville, one mile north of Sturgeon Point Road. Saturday, June 15 and Sunday, June 16. Hunting and fishing equipment, decoys, clothes, tools, yard games, building materials, men's and ladies' stuff, thirty years of stuff.

Garage sale, 633 North US-23 (just north of Walker Road), Harrisville. Saturday and Sunday 9 a.m. - 5 p.m. Lots of adult and children's clothing.

## Habitat for Humanity Northeast Michigan Garage Sale/Silent Auction

**ONE DAY ONLY - Saturday, June 22 9 a.m. to 3 p.m.**  
 Alcona Recreation Area (ARA) Fairgrounds Barlow Road, Lincoln (1½ miles north of M-72)  
 Donations accepted: June 15, 17, 18, 19, 20 between 10 a.m. and 2 p.m. (no clothes, please)  
**Questions:** Jeanne (810) 488-1652 E-mail:jmari1941@gmail.com (HFH in subject line.)

## BINGO

Knights of Columbus No. 6851, Spruce-Sunday 6:30 p.m. Papers and hard cards, two progressive jackpots and one jackpot that could be worth \$300-\$500 each week and much more.

Mikado Goodfellows Bingo every Monday 6:30 p.m. at Mikado Civic Center. Winner take all game and cookie jar. All proceeds to charity.

Bingo - Every Wednesday in Mikado Civic Center. Early bird at 6:30 p.m., air conditioned. Mikado Area Development.

A.C.C.O.A. Bingo - Tuesday 6 p.m., Lincoln Senior Center. All paper games, Michigan Progressive, two jackpots, cookie jar. Proceeds to A.C.C.O.A. senior programs. A239401C.

Bingo-Every Saturday at the Barton City Eagles from 5:30 to 11 p.m.

## HELP WANTED

Truck driver wanted. Hauling logs, chips and pulpwood. Experience preferred but no required. CDL required. (989) 370-0822

## FOR RENT

One bedroom, one block from downtown Harrisville. All utilities paid, covered parking and on-site laundry, call (989) 362-4400 daytime.

Two bedroom apartment, Candlelight, Harrisville \$550 includes utilities. Call (989) 370-8361.

Downtown Harrisville on the lake, one bedroom, den, sitting room with efficiency kitchen; including new stove and refrigerator. Unfurnished \$300 per month plus utilities. Must have first and last month's rent plus security. One year lease, credit check. For appointment to view call (313) 882-8145 and (989) 724-6970.

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**Ray's Landscape**, topsoil, limestone, sand, drainstone, peastone; odd jobs, new yards and driveways installed, tree trimming, (989) 724-6567, cell (989) 590-2432.

Sailboat 12 feet long, 56 inch beam, 19 foot mast with main sail and jib, with trailer \$600 or best offer, (989) 727-9929.

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## IMMEDIATE OPENINGS for ALL SHIFTS in Alcona County!!

Lutheran Home Care Personal Assistance is in need of several part-time CNAs or experienced Caregivers for Alcona County. To apply, go to [www.AgingEnriched.org](http://www.AgingEnriched.org).

click "Careers"  
 click "Job Postings"  
 Job Title: PA Caregiver.



5/29, 6/5, 6/12

## Timber For Sale

Sealed bids will be received up until 6 p.m. on July 2, 2013 for the T. Ball 2013 Timber Sale, located in NE ¼ SE ¼ and SW ¼ NE ¼ of Section 29, T27N R9E, Haynes Township, Alcona Co. Estimated volumes include: 8.6 MBF mixed hardwood pallet sawlogs, 53.9 MBF white pine sawlogs, 54.2 MBF of red pine sawlogs, 5 MBF of mixed hardwood grade sawlogs, 31 cords mixed hardwood pulpwood, and 32 cords mixed pine pulpwood. Access for this timber sale is through a right-of-way off the south end of McGregor Road to the designated landing area for the timber sale. Interested bidders should contact Don Krejcarek, Sunrise Forestry Consultants, at (989) 724-6165

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Cost per ad is \$4.50 for the first 10 words and 15¢ for each word thereafter. Boxed ads are \$5 per column inch. Ads and payment must be received by 5 p.m. Monday.

## LEGAL NOTICE

### Case No. 12-2002-CH

#### Notice of Judicial Foreclosure Sale on a Stipulated Order Granting Plaintiff's Motion for Default Judgment Against Kathleen Franklin and for Summary Disposition Against Edward Franklin and Judgment of Foreclosure

Notice is hereby given that pursuant to the terms of a Stipulated Order Granting Plaintiff's Motion for Default Judgment against Kathleen Franklin and for Summary Disposition against Edward Franklin and Judgment of Foreclosure of the Circuit Court for the County of Alcona, State of Michigan signed and filed on March 27, 2013, in the case of First Federal of Northern Michigan, Plaintiff v. Edward E. Franklin and Kathleen S. Franklin, Defendants, Case No. 12-2002-CH, wherein, among other things, the Court allowed the foreclosure of a mortgage granted by Edward E. Franklin and Kathleen S. Franklin (mortgagors) to First Federal of Northern Michigan dated June 28, 2010 and recorded July 22, 2010 in Liber 471, page 1414, Alcona County records, against the mortgagors.

Pursuant to the Stipulated Order Granting Plaintiff's Motion for Default Judgment against Kathleen Franklin and for Summary Disposition against Edward Franklin and Judgment of Foreclosure, the Mortgaged Premises described below shall be sold at a public auction by or under the direction of Clerk/Sheriff for the County of Alcona to the highest bidder at the main entrance to the Alcona County Building, 106 5<sup>th</sup> Street, Harrisville, Mich. 48740 on Wednesday, June 26, 2013 at 10 a.m., local time. The mortgaged premises are legally described as: Situated in Harrisville Township, Alcona County, state of Michigan Part of the SW ¼ of the NW ¼ of Section 7, T26N, R9E, described as: Commencing at the Northwest corner of said SW ¼ of the NW ¼ of Section 7, T26N, R9E; thence east 33 feet to the East right of way of Barlow Road; thence South 450 feet along the East right of way of Barlow Road to the point of beginning; thence continuing South 80 feet; thence East 150 feet; thence North 80 feet; thence West 150 feet to the point of beginning. Subject to any part thereof that may be used for road right of way purposes. Also - Part of the SW ¼ of the NW ¼ of Section 7, T26N, R9E, described as:

Commencing at the Northwest corner of said SW ¼ of the NW ¼ of Section 7, T26N, R9E; thence East 33 feet to the East right of way of Barlow Road; thence South 530 feet to the point of beginning; thence East 200 feet; thence South 100 feet; thence West 200 feet; thence North 100 feet to the point of beginning. Subject to any part thereof that may be used for road right of way purposes. The mortgaged premises, the address of which is 330 N. Barlow Road, Harrisville, Michigan 48740, also include all right, title and interests held by Edward E. Franklin and Kathleen S. Franklin as of June 28, 2010 in the mortgaged premises.

The premises may be redeemed during the six (6) months following the date of sale.

Bodman PLC  
By: Sandra L. Jasinski (P37430)  
Attorneys for First Federal of Northern Michigan  
229 Court Street, P.O. Box 405  
Cheboygan, Michigan 49721  
(231) 627-8000  
Date: May 8, 2013  
5-8, 5-15, 5-22, 5-29, 6-5, 6-12, 6-19

The redemption period shall be six months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

If the property is sold at foreclosure sale under Chapter 32 of the Revised Judicature Act of 1961, pursuant to MCL 600.3278 the borrower will be held responsible to the person who buys the property at the mortgage foreclosure sale or to the mortgage holder for damaging the property during the redemption period.

Dated: May 29, 2013  
For more information, please call: (248) 593-1304  
Trott & Trott, P.C.  
Attorneys For Servicer  
31440 Northwestern Hwy. Ste. 200  
Farmington Hills, Mich. 48334-5422  
File No. 416509F02  
5-29, 6-5, 6-12, 6-19

### Notice Of Mortgage Foreclosure Sale

This firm is a debt collector attempting to collect a debt. Any information we obtain will be used for that purpose. Please contact our office at the number below if you are in active military duty.

Attention purchasers: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest. Mortgage sale - Default has been made in the conditions of a mortgage made by Edmund E. Desmet and Patricia J. Desmet, husband and wife, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc. as nominee for Citizens Bank, its successors and assigns, mortgagee, dated February 17, 2006, and recorded on March 6, 2006 in Liber 428 on page 584, and assigned by said mortgagee to JPMorgan Chase Bank, national Association as assignee

as documented by an assignment, in Alcona County records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of sixty-three thousand thirteen and 49/100 dollars (\$63,013.49).

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Alcona County, at 10 a.m., on June 26, 2013.

Said premises are situated in Village of Lincoln, Alcona County, Michigan, and are described as: Lots 23 and 24, Memorial Subdivision, Village of Lincoln, township of Gustin, Alcona County, Michigan, a recorded plat as found in the Village of Lincoln and as recorded in Liber 1 of plats, page 185 of Alcona County records.

State of Michigan  
23<sup>rd</sup> Judicial District  
Judicial Circuit  
Probate Court  
Order Regarding  
Alternate Service

### Case No. 13-2079-CH

Court address: 106 Fifth Street, Harrisville, Michigan 48740  
Court telephone No. (989) 724-9410  
Plaintiff name(s), address(es) and telephone no(s).  
CENLAR FSB  
Plaintiff's attorney, bar No., address and telephone No.  
Brian P. Dowgiallo P72808  
1650 West Big Beaver Road  
Troy, Michigan 48084  
(248) 502-2665  
v  
Defendant name(s), address(es) and telephone no(s).  
HENRY, et al.  
The court finds:

1. Service of process upon the defendant, Douglas D. Henry cannot reasonably be made as provided in MCR 2.105 and service of process may be made in a manner that is reasonably calculated to give the defendant actual notice of the proceedings and an opportunity to be heard.

It Is Ordered:  
2. Service of the summons and complaint and complaint for judicial foreclosure and a copy of this order shall be made by the following method(s).

a. First-class mail to 1564<sup>th</sup> Street, Apartment 1, Pikeville, Ky. 41501.

b. Tacking or firmly affixing to the door at 156 4<sup>th</sup> Street, Apartment 1, Pikeville, Ky. 41501.

d. Publish three (3) consecutive weeks in Alcona County newspaper.

Date: May 29, 2013.  
Judge Ronald M. Bergeron  
P-24383  
6-12, 6-19, 6-26

### State of Michigan Probate Court County of Alcona Notice to Creditors Decedent's Estate/Trust

Estate of Clyde M. Ireland, deceased. Date of birth September 22, 1928, and the Clyde M. Ireland Trust dated June 25, 2007.

To all creditors:  
Notice to creditors: The decedent, Clyde M. Ireland, who lived at 4224 Willert Street, Glennie, Mich. 48737, died May 19, 2013. No probate file was opened with respect to the estate of the decedent as there were no assets requiring administration.

Creditors of the decedent are notified that all claims against the estate and/or the Clyde M. Ireland Trust will be forever barred unless presented to Dianna Whitford, Successor Trustee of the Clyde M. Ireland Trust, or to both the probate court at County Building, 106 Fifth Street, P.O. Box 328, Harrisville, Mich. 48740, and the trustees within four (4) months after the date of publication of this notice.

Date: June 6, 2013  
Robert K. Myles, P.C.  
Robert K. Myles P36055  
109 South State Street  
Oscoda, Michigan 48750  
(989) 739-2871  
Dianna Whitford,  
Successor Trustee  
4211 Willert Street  
Glennie, Michigan 48737  
(989) 735-3741

## ALCONA ROAD COMMISSION SYNOPSIS

A regular meeting of the Alcona County Road Commission was held May 22 in Lincoln. Motions were passed to approve the minutes of the May 8 meeting; approve payment of open accounts in the amount of \$77,005.11; approve road improvement agreements with Alcona, Caledonia, Greenbush, Gustin, Harrisville, Hawes, Mikado and Mitchell townships; approve a contract with the Michigan Department of Transportation for

advertising for bids for the reconstruction of a section of Hubbard Lake Road in Caledonia Township; and to set conditions for drain commission related activities. This synopsis of the minutes published prior to board review and approval. Complete minutes are available upon request via e-mail at roads@alconacrc.com or by calling (989) 736-8168.

## HAYNES TOWNSHIP ORDINANCE

### Presque Isle Electric & Gas CO-OP Natural Gas Franchise Agreement Township of Haynes County of Alcona, Michigan Ordinance No. 22-2013

The Township of Haynes Ordains: An ordinance granting to Presque Isle Electric & Gas CO-OP, its successors and assigns, a nonexclusive, irrevocable right to lay, maintain and operate natural gas main/pipelines on, along, across, and under the roads, alleys, bridges and other public places and to conduct a local natural gas business in the township of Haynes, Alcona County, Michigan for a period of 30 years.

#### Section 1: Grant of Natural Gas Franchise

Consent is hereby given to Presque Isle Electric & Gas Co-op, a corporation organized under the laws of the state of Michigan (the Company or PIE&G), to lay, maintain, operate and use natural gas main/pipelines and other necessary equipment in the roads and other public places in the township of Haynes, and a nonexclusive, irrevocable franchise is hereby granted to transact local business by conveying, supplying, and selling natural gas.

The company shall make available an electronic copy of its rates, rules and regulations for the clerk of the township of Haynes in accordance with its standard practice.

#### Section 2: Use of Roads or Other Public Places

The company shall not unnecessarily obstruct passage on any roads or other public places and shall within a reasonable time after making an opening or excavation, repair the same and leave it in as good condition as before.

The company shall use due care in exercising the privileges herein contained and shall be liable to the township for all damages and costs which may be recovered against the township arising from the default, carelessness, or negligence of the company or its agents.

No road or alley shall be opened for the laying of trunk lines or lateral mains except upon application to the state highway commission, the road commission having jurisdiction, or the township.

#### Section 3: Rates

As a member-owned, member-regulated and not-for-profit cooperative utility, PIE&G's rates shall be set by its democratically elected board of directors based generally on industry standard cost of service, revenue requirement and Gas Cost Recovery (GCR) principles. Whenever a change in rates or terms of service is required, PIE&G shall provide an announcement to the township thirty (30) days prior to the effective date and make available the formula and financial information used in its computations.

Within sixty (60) days of the rate announcement, the township shall have the right to choose instead the rate as set by the MPSC in PIE&G's Regulated Natural Gas Division. If at any time PIE&G has no MPSC regulated natural gas rates, either party may submit any rate issues to the MPSC pursuant to 1919PA 419 (MCL 460.54). In any period during which the parties may be awaiting a decision by the MPSC, it is hereby agreed PIE&G may implement its announced rate until a decision is rendered.

If either PIE&G or the township desires to submit any such rate questions to the

MPSC, both parties hereby agree that such request by one constitutes a joint submission pursuant to MCL 460.54. If either party refuses to execute a joint submission, the parties hereby agree that this provision shall be enforceable by order of the local circuit court having jurisdiction. In the event a court order is required, the non-consenting party shall pay all costs and attorney fees associated with enforcing this provision. In addition, the parties agree that PIE&G shall be entitled to recover from the township rate payers pro-rata based on consumption, PIE&G's direct costs including attorney fees, consultant fees and administrative costs incurred as a result of the township's decision to seek any MPSC ruling.

PIE&G shall always have the right, at its sole discretion, to temporarily charge a lesser rate than indicated by its announced rate or formula.

In the event Michigan law provides for member regulation of PIE&G's gas rates during the term of this franchise, it is the intention of the parties that this section would be superseded and member regulation would control.

#### Section 4: Force Majeure

The company shall not be liable for failure to furnish natural gas service or for any breach of the company's obligations hereunder if such failure is caused in any part by acts of God, labor problems, shortages of supply, accidents, equipment breakdown, governmental/regulation, or any other causes or contingencies not within the control of the company.

Section 5: Effective Date, Acceptance  
This ordinance shall take effect the day following the date of publication thereof, which publication shall be within 30 days after the date of adoption and shall continue in effect for a period of 30 years, provided however, that when this ordinance becomes effective, the township clerk shall deliver to the company a certified copy of the ordinance accompanied by written evidence of publication and the company shall, 60 days after receipt of the above documents file with the township clerk its written acceptance of this franchise.

The township's grant of this franchise shall be submitted to the township electors, as applicable, at the next regular election or special election for the purpose of confirmation. If confirmed, the franchise shall be irrevocable.

Section 6: Effect and Interpretation  
In case of conflict between this ordinance and any other ordinances or resolutions, this ordinance shall control.

Section 7: Successors and Assigns  
The words "Presque Isle Electric & Gas Co-op" and "the Company" wherever used herein, are intended to include PIE&G and its successors and assigns. The invalidity or unenforceability of any provision of this Ordinance shall not impair the validity of any other provision or term.

Clerk's Certification  
The Undersigned, Sharon Schefferly, clerk of Haynes Township certifies that the above Ordinance No. 22-2013 entitled "Natural Gas Franchise Agreement" was adopted by the Haynes Township Board at a regular meeting held June 5, 2013 and that the vote was as follows: For: 5 Against: 0, Abstain: 0.

Sharon Schefferly,  
Township Clerk

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